



THE URBAN TRAIL CONFERENCE INC.

SCHEDULE OF ACTIVITIES (208) January/February 2009

I understand that I participate in today's outing entirely at my own risk. The volunteer leader will try to make the event enjoyable, informative and safe, but neither The Urban Trail Conference Inc. nor its officers and leaders can be held responsible for accident or injury. The leader may reject from the outing anyone whose preparation or conduct is inappropriate. I will comply with all applicable laws.

Thurs., Jan. 1 - **HARRIMAN HIKE.** *For fit, experienced, and equipped, hikers only.* Strenuous hike, some of it off trail with steep ascents. We will visit Hamil Mines, Daters Mine, and return on the long forgotten Fox Trail. Steady rain cancels. Winter foot ware recommended. Ice creeper may be needed for any ice. Questions: dsuttr@aol.com (no phone). Transportation: short line run #401, north wing, leaves 8:30 a.m. Arrives Sloatsberg at 9:12 am. Tell driver, off at Sloatsberg. Drivers may go directly to meet leader at Johnstontown Circle at 9:30 a.m. promptly. Leader: Dave Sutter, will meet bus at Sloatsberg RR station lot. Non-members \$3.

Thurs., Jan. 1 - **GREYSTONE TO ARDSLEY VIA OLD CROTON AQUEDUCT.** Approx. 7 miles, moderate pace, on carriage roads - mostly on Old Croton Aqueduct but also on several side trails in nearby parks which are climbs. First to Untermeyer Park, then Lenior - both are 150 ft. climbs and both have great view point. Afterward we go north via a series of inter-connected parks and return to the OCA; finish in Ardsley. Snow, ice may limit route or cancel. Take the 11:20 am Metro North Hudson Line local train from Grand Central to Greystone, arr. 11:57. Drivers park near the Greystone Sta. (Google Map : Warburton & Harriman Ave. zip 10701) (do not park in commuter lot !) Leader: Hal Kaplan **914-376-3156**. Hike message begins Wed A.M. Note There are several "easy outs" which could bring mileage below 4 miles if necessary. Non-members \$3.

Sat., Jan. 3 - **EXTREME DAY HIKE.** AA Great River to Smithtown about 14 miles We will walk on the Nassau-Suffolk trail from the station to Smithtown. We will get as early a start as possible and rest along the way at times and finish in the dark. This is a challenging hike but there are drop offs along the way. We will be meeting at Penn Station in the LIRR waiting room to take the train to Great River. If it's cold, so much the better since it makes hiking easier; however, 20° and a 20 mph wind or snow on the ground will make me modify the hike. Start calling Thursday night on the week of the hike for recorded message or E-mail me at: nyhiker50@verizon.net any time up to 1 day before the hike up to 8 p.m. Leader: Mike Puder **718-743-0920**. Non-members \$3.

Sat., Jan. 3 - **VAN CORTLANDT PARK.** 3 to 5 miles, some hills. Bring lunch/drink. Meet at 242 St subway station, last stop on #1 line, at 11:00. Leader: Pat O'Malley **212 924-7486**. Non-members \$3.

Sun., Jan. 4 - **STATEN ISLAND WINTER HIKE/XCO TOUR.** Depending on the weather, we will hike 4-6 miles on Greenbelt trails or Staten Island streets in area to be decided. If you have cross country skis or snowshoes, call to register for a cross country tour in a local park or golf course when there is sufficient snow cover. For the winter hike, bring lunch and beverage and allow sufficient time to take the 10:30 AM ferry from Manhattan to Staten Island. Please use rest room facilities before you get to Staten Island so we can leave promptly. Meet the leaders at the train station steps in the rear of the terminal. Drivers or those not coming from Manhattan may call leaders for instructions. Metrocard - 2 fares. Leaders: Bettye & Steve Soffer. Call **(718) 720-1593** between 7-9 PM. Cell phone on day of hike: **(917) 270-9967**. Heavy rain or snow cancels. Non-members \$3.

Tue., Jan. 6 - **MASSAPEQUA CIRCULAR.** 7 miles - walk the greenbelt along streams and ponds. LIRR to Massapequa. Bring lunch/water. No drop offs. RT fare sr. 9.50 other 13.25. Must call for meeting time and to confirm. Mike Pollack **718-648-3424**. lpollsnop@yahoo.com. Non-members \$3.

Tue., Jan. 6 - **DUMBO BROOKLYN HTS.** Art, Shore Historic Streets Walk. A leisurely 4 mile walk through this scenic area of Brooklyn. Bring your camera. Coffee and light lunch stop in Dumbo. Then on to the Promenade and Atlantic Ave. Then back to finish at Boro Hall area. Meet Grand Central Terminal between info booth & track 27 at 11:15 am. Leader: Hal Kaplan hike message on answering machine beginning Monday A.M. **914 376-3156**.

Thur., Jan. 8 - **BLUE HERON PARK and NATURE CENTER.** 3 miles, mostly level. Bring lunch/water. Meet at Staten Island Ferry Terminal, Manhattan side, to take 11:30 ferry then bus S78 to Pollion Ave. Leader: Pat O'Malley **212 924-7486**. Non-members \$3.

Sat., Jan. 10 - **NIGHT HIKE.** "B" walk, approx 10 miles. We will do a night walk in Harriman State Park at a slow pace (you can't go fast in the dark!) and treat this like a day hike in the dark with frequent stops and rests. Easy path in the park. In the morning we'll go into town and have breakfast at a diner, take the train back and sleep at home. If not sure what to bring e-mail me at nyhiker50@verizon.net for information and more details. This will be an enjoyable night in the woods for those that can overcome their fear of the dark. *If the weather is bad or there is snow on the ground we'll do something else easier.* Can start calling Monday night the week before the hike for details on answering machine. Leader: Mike Puder **718-743-0920**.

Sat., Jan. 10 - **LONG BEACH TO POINT LOOKOUT.** 8 moderate paced miles. Walk along beach, back the same way. Wear sturdy, comfortable shoes. Dress very warmly and in layers, including face covering or scarf. Bring at least 1 quart of water. We stop in Pt. Lookout. Eat at restaurant, around \$10 dollars, or bring lunch and eat at beach. Short breaks to spot birds near Pt. Lookout. Bring binoculars if you have. Only heavy rain or blizzard cancels. Call to confirm hike is on and for exact time of LIRR train departure from Penn Station, around 9 a.m. Usually back by 4 p.m. Leader: Judy Levine **718-482-9659**. Non-members \$3.

Sun., Jan. 11 - **PELHAM BAY PARK AREA.** Approx. 6 miles, moderate pace. Flat and along wooded trails, and near scenic shore. Hiking shoes necessary, and if ice, non-slip footwear. Optional tour of Bartow Pell Mansion \$3. Bring binoculars for scenery, and birds. Route and mileage will vary according to ground conditions (e.g. snow, ice or wet). Bring lunch and beverage. Take the #6 Lexington Ave. local to Pelham Bay Park (last stop). Meet at 10:30 a.m. near the fare booth. You must call or preferably email starting Friday 1/9 to know if the hike is on. No go in rain or snow. Leader: Victor Scelzo. **718-652-9075**. urbantrail2000@yahoo.com. Non-members \$3.

Tue., Jan. 13 – **FLAT ROCK BROOK NATURE CENTER**. 4 miles. View ponds & gardens, walk the trails. Some ups and downs. Wear hiking boots. Bring lunch/water. Meet at GWB buds station near Red & Tan ticket windows at 9:50 to take 10:15 bus #171 to Jones Rd. Fare: \$5/\$2.10. Joint hike. Leader: Pat O'Malley 212 924-7486. Non-members \$3.

Thurs., Jan. 15 - **FLOYD BENNETT FIELD - FT. TILDEN**. - 4-8 miles, moderate pace. Explore these Gateway National Recreation Area parks with leader who is very familiar with them. Walk the North 40 wilderness area, see hidden ammunition bunkers, see vintage aircraft, learn of the 1st commercial airport in NYC. Walk to Deadhorse Bay and over the Marine Parkway Bridge (beautiful views of NYC and Jamaica Bay) to Ft. Tilden which boasts the best ocean beaches in NYC. Call for meeting time. Leader: Mike Pollack, 718-648-3424. Drop-offs available. Take #2 subway to Brooklyn College (last stop). Transfer to Q35 bus to Aviator Sports/Marina. Non-members \$3.

Sat., Jan. 17 - **CENTRAL PARK TO RIVERSIDE CHURCH**. 5 miles, easy/moderate steady pace. We walk around Central Park and through city streets on our way to Riverside Church. Meet 11 AM in front of the Time-Warner Bldg. at 59th St. & Broadway. Bring a light lunch & beverage and save your appetite for an early dinner after the walk. Rain or shine! Leader: Jane Alexander. Non-members \$3.

Sat., Jan. 17 - **TO BE DETERMINED**. *Leader will decide route, depending on weather.* Meet at token booth (there is only one) at Broadway Junction subway stop (Brooklyn), at 12:30 p.m. Take A, C, J or L subway. Cost: metrocard. Leader: Julia W. 718-438-2642. Message on answering machine Thursday before hike. Joint with Outdoors Club. Non-member \$3.

Sun., Jan. 18 - **SOUTH BRONX EXCURSION**. City walk, about 4+ miles, easy/moderate steady pace. We'll visit the Mott Haven Historic District. Bring a hot beverage. Meet after lunch promptly at 12:30 PM at 125th St. & First Avenue in Manhattan (at bus stop). Take any subway that goes to 125th Street and then Bx15 crosstown bus to First Avenue. Heavy rain, ice, snow and temperatures below 20 F cancels! Leaders: Pat O'Malley 212-924-7486 & Helen Yee. Non-members \$3.

Sun., Jan. 18 - **RIVERSIDE PARK**. A moderate, level walk of about 3 miles from 116th St. to 66th St. followed by a nice bowl of hot soup (or whatever) at Ollie's. Meet 10:30 inside the Broadway & 116th St. subway station, but outside of the turnstiles. Optional small contribution for Riverside Park Fund. Will take place no matter what the weather, but call or email me (preferably) beforehand to make sure that the walk is on. No pets; no smoking. Leader: Bob Susser, 212-666-4371; rsusser@aol.com. Non-members \$3.

Mon., Jan. 19 – **PALISADES**. 8 mi. Long Path from Alpine to State Line then down to Shore Path crossing Giant Stairs which is a moderate ROCK SCRAMBLE. Ascending 600 feet at Closter Dock Road. Bring Lunch/water. No drop offs. Icy conditions may require crampons. Call to confirm. Leader: Mike Pollack 718-648-3424. Non-members \$3.

Fri., Jan. 23 – **SALT MARSH NATURE CENTER**. Less than 2 miles, can be extended. Take Q train to Ave U (16 St) in Bklyn and meet at 11:00 am near change booth to take B3 bus, East bound, to Burnett St. Leader: Pat O'Malley 212 924-7486. Non-members \$3.

Fri., Jan. 23 – **SOUTH COUNTY TRAILWAY**. About 7 miles. Mostly easy hike along the old Putnam Railroad bed, no tracks, from Van Cortlandt Park to Tuckahoe Rd. in Westchester, NY. Most of hike is in parks and wooded areas. Bring lunch and water. Take the #1 Bway/7th Ave. local train to 242nd St. last stop. Meet at 11a.m. downstairs on park side, near bus stop. Metrocard fares. Leader: Ray Krant 718-435-4994. Non-members \$3.

Sat., Jan. 24 - **GREENBELT TRAIL**. Massapequa –Bethpage. We will walk on this easy trail/bike path into town and may make a stop first at the IHOP (Int'l House of Pancakes) or a pizza place along the way. Walk past three beautiful ponds and see the water fowl in the winter. Meet at Penn Station in the lower LIRR waiting room to take the train to Massapequa. Can start calling Monday night the week before the hike for details on answering machine or send an E-mail to nyhiker50@verizon.net up to one night before the hike by 9 P.M. Leader: Mike Puder 718-743-0920. Non-members \$3.

Sun., Jan. 25 - **BEDFORD-STUYVESTANT EAST TO BUSHWICK**. About 6 miles, easy/moderate steady pace, residential & industrial. Take IND "A" train to Nostrand Avenue. MEET 12:30 PM after lunch & bathrooms at Nostrand & Fulton (McDonald's side of street). Rain, ice, snow and temperatures below 20 F cancels! Leaders: Pat O'Malley 212-924-7486 & Helen Yee. Non-members \$3.

Fri., Jan. 30 – **JAMAICA BAY**. Take A train to Broad Channel - call to confirm time and location 2 days before walk. Leader: Edith Goren 718-622-4421. Non-members \$3.

Sat. Jan. 31 – **ROOSEVELT ISLAND**. 4 miles. Meet at Greenacre Park (next to 211 E 51st St between 3rd & 2nd Aves) at 11:00 AM. Tram to Island, can return on F train. Fares: MetroCard. Leader: Pat O'Malley, 212 924-7486. Non-members \$3.

Sun., Feb. 1 - **HASTINGS CIRCULAR**. Approx. 7 miles, moderate pace, on carriage roads - entirely within inter-connected suburban parks: Rowleys Bridge, Old Croton Aqueduct, Lenoir Preserve, Draper Park, Burke Estate, Hillside Woods, Zinnzer Park and back to the diner near the Hastings Station. Inclement weather or ground conditions may cancel. Take the 11:20 am Metro North Hudson Line local train from Grand Central to Hastings, arr. 11:57. Drivers park/meet in northbound commuter lot. Leader: Hal Kaplan 914-376-3156 (hike message beg. Sat. a.m.) (Google Map: Southside Ave zip 10706)There are several "easy outs" which could bring mileage below 4 miles if necessary. Non-members \$3.

Tue., Feb. 3 - **1964 WORLDS FAIR GROUNDS & FLUSHING**. The 2nd Chinatown. Leisurely 4 mile walk through old worlds fair grounds, then into Queens Botanical Gardens and finishing in the 2nd Chinatown with coffee or lunch. Meet in Grand Central Station between info booth & track 27 at 11:15 AM. Leader: Hal Kaplan - hike message to be on answering machine beginning Monday AM 914-376-3156. Non-members \$3.

Sat., Feb. 7 – **TACKAPAUSHA MUSEUM and PRESERVE**. 2 miles. Bring lunch & water. Meet at ticket windows of the LIRR, Penn Station (lower level) at 11:00 AM to take next train to Seaford. Fare one way \$7/\$4.75. Admission to Museum \$2. Leader: Pat O'Malley, 212 924-7486. Non-members \$3.

Sat., Feb. 7 - **BRONX BOTANICAL GARDENS**. No flowers but plenty of stately, snow-clad trees in this winter wonderland. Then warm up in the tropical atmosphere of the conservatory. Take the 10:23 Harlem Line train from Grand Central, arriving at the Botanical Garden Station at 10:42. Fare OW \$3 with "City Ticket." Or, take the No.2 subway to Allerton Ave., then the No.26 bus to the Mosholu Gate. Meet just outside the Mosholu Gate at 10:45. Admission to the Gardens is free on Saturdays until noon. Conservatory admission: \$8/Srs.\$7. If driving, park in the lot by the station (\$7) or on a nearby street. No coordination of rides. Visit will end around 3 but, of course, you are free to leave at any time. Call or email me (preferably) beforehand to make sure that the visit is on. Bring lunch and beverage, or buy it in the cafeteria. No pets; no smoking. Leader: Bob Susser **212-666-4371**; rsusser@aol.com. Non-members \$3.

Sat., Feb. 14 - **VALENTINES DAY Singles Walk** in Massapequa Preserve (Massapequa LIRR station) in Nassau County, LI. Meet 10AM, at the Northeast Corner of Massapequa LIRR station parking lot. This is the entrance to the LI Greenbelt trail. The station parking lot is East of Broadway, North of Sunrise Highway, and North of the tracks. I will wait for the train. Length around 6 level miles, moderately paced. This hike may also be through the Seatuck Environmental Assoc. <http://www.seatuck.org> (631) 581-6908. Bring liquid and lunch. Hiking boots not required. NO go in bad weather. Leader: Joanne Tow, Joanne's cell @ 516 503-3069 to be used ONLY if lost. Non-members \$3.

Sat., Feb. 14 – **STATEN ISLAND ZOO/CLOVE LAKE PARK/SILVER LAKE PARK**. 5 miles. Meet at Staten Island Ferry Terminal, Manhattan side to take 11:00 ferry then S48 bus. Admission \$5. Bring lunch or buy it at Zoo. Leader: Pat O'Malley **212 924-7486**. Non-members \$3.

Sun., Feb. 15 - **LONG BEACH TO JAMAICA BAY WILDLIFE REFUGE**. 13 miles, moderate pace. Sidewalks and boardwalks. Drop offs. Limited rest rooms. Walk along the bay from Long Beach LIRR to Atlantic Beach Bridge and then on Boardwalk to Jamaica Bay Wildlife for some birding. Bring lunch/water. Call to confirm. Leader: Mike Pollack **718-648-3424**. Return via A train or bus. Fare Sr. \$4.75 Others 9.75. Non-members \$3.

Thur., Feb. 19 – **CAMELIAS at PLANTING FIELDS**. 5 miles. Road walking 2 miles each way. Good views of bay. Conservatory with tropical plants, landscaped grounds. Bring lunch/drink. Meet at PENN Station, LIRR lower level near ticket windows to take 10:00 AM train (CHECK SCHEDULE) to Oyster Bay. Fare \$8/\$5 each way. No admission charge. Leader: Pat O'Malley, **212 924-7486**. Non-members \$3.

Sat., Feb. 21 – **WINTER SQUIRREL WALKER at the BLUE CAFÉ**. Piermont to Nyack, 9 miles. Moderate to brisk pace via a Tallman Mountain loop and a northward trek on the Old Erie RR bed. Terrain: level to mild hills, with one short semi steep slope at the Sybil Stairs. Especially cheerful in light snow, these trails culminate in an optional dinner in Nyack. Bring lunch and water. Meet before 7:50 a.m. at the Port Authority Bus Term. South wing, at the White Commuter Statues in the ticketing area. Departure: 8:22 a.m., O/W to Piermont, N.Y., bus 9A, gate 220. Total fares: \$18. /seniors \$9. Leader: Marvin Malater **718-376-3608**, for hike status and schedule. Joint hike. Non-members \$3.

Sun., Feb. 22 - **14th STREET TO THE N.Y. HISTORICAL SOCIETY**. About 4 miles, easy/moderate steady pace. Meet 11 AM at 14th St. & Broadway, NE corner. We walk through city streets and Central Park. Bring a light lunch & beverage. Admission: \$5 (Srs. \$3). Rain or shine! Leader: Jane Alexander. Non-members \$3.

Sun., Feb. 22 - **JOHNSONTOWN CIRCULAR**. A winter wonderland walk on the White Bar, Triangle, and other trails, passing by Lakes Skenanto and Sebago. Around 7 miles at a moderate pace. Lunch indoors at ADK lodge on Lake Sebago (\$2 use of facility fee). Gaiters and/or creepers may be necessary (ask me about this). Out around 4, in time for the 4.28 train back to Penn Sta. Call or email me (preferably) beforehand to make sure hike is on and if you need or can offer a ride from NYC. Take the 9:11 Jersey Transit train from Penn Station, changing at Secaucus for the 9:31 train to Sloatsburg arr. 10:12. (Fare: RT\$15.50/Srs.OW\$5.) Please sit in the 1st or 2nd car of the train. Or take the 9:10 ShortLine bus from PABT arr. Sloatsburg 10:07. (Fare: RT \$25.90/Srs.\$12.90.) Leader waits for both bus and train. No children; no pets; no smoking. Leader: Bob Susser **212 666-4371**; rsusser@aol.com. Non-members \$3.

Tue., Feb. 24 – **HALL OF FAME**. 2 miles. Walk through parks, streets and aqueduct trail. Can be extended into Inwood Hill Park. Take "D" train to Kingsbridge Road station, exit rear of train, Meet on SE corner of Kingsbridge Road and Grand Concourse at 11:30 AM. Can return on D, #4 or #1 train. Bring lunch/water. Leader: Pat O'Malley **212 924-7486** Non-members \$3.

Fri., Feb. 27 - **BROOKLYN BOTANIC GARDEN and possibly PROSPECT PARK**. Take 2 or 3 train to Eastern Parkway - call to confirm time and location 2 days before walk. Leader: Edith Goren **718-622-4421**. Non-members \$3.

Sat., Feb. 28 - **VAN CORTLANDT PARK to TIBBETTS BROOK PARK**. 6-8 miles, moderate pace, hilly beginning, the rest flat. Hike the Old Putnam Railway, and the Old Croton Aqueduct, returning to the starting point. Lovely woods, 2 lakes, and birds in season. Bring lunch, beverage, and your binoculars. Take the #1 Broadway 7th Ave. local train, to 242nd street (last stop), and meet at 10:30 a.m. downstairs on the park side. Rain, snow, much ice, cancels. Wear hiking shoes. You must call or preferably email starting 2/27 to know if hike is on. Leader: Victor Scelzo. **718-652-9075**. urbantrail2000@yahoo.com. Non-members \$3.

ATTENTION PLEASE

Please send your membership dues of \$10. per year to: The Urban Trail Conference Inc., P. O. Box 325,

New York NY 10116-0325. **Make check payable to The Urban Trail Conference Inc. THANK YOU.**

☎ **212-924-7486** 📠 - 🌐 **Web Site: www.urbantrail.org** 📧 **OR EMail: urbantrail2000@yahoo.com**

📄 **Your club expiration date can be found on the line above your name on the mailing label of this envelope.** ✉