



THE URBAN TRAIL CONFERENCE INC.

SCHEDULE OF ACTIVITIES (210)

May/June 2009

I understand that I participate in today's outing entirely at my own risk. The volunteer leader will try to make the event enjoyable, informative and safe, but neither The Urban Trail Conference Inc. nor its officers and leaders can be held responsible for accident or injury. The leader may reject from the outing anyone whose preparation or conduct is inappropriate. I will comply with all applicable laws.

Sometime in the summer - **LIGHT OVERNIGHT BACKPACKING TRIP**. We will meet to go on an overnight backpacking trip to an easy area for first timers. *Must go on an orientation hike before we actually go out for this overnighiter.* The date will be determined in the future but you must meet for the orientation beforehand by August. For information please E-mail me at: nyhiker50@verizon.net at anytime. Leader: Michael Puder.

Fri., May 1 - **UNDERGROUND RAILROAD; NATURE!** and all in Brooklyn (easy walk). Meet Kings Highway, East 16 Street, B, Q subway at 10:30 AM. Bring lunch and beverage. NO go in rain. You must call leader, Judy Mahler 718-692-2854 the day before between 5-8 PM to confirm. Non-members \$3.

Sat., May 2 - **EAST VILLAGE GARDENS**. About 4 miles. Meet 11AM outside 51 Astor Place in front of Cooper Union Engineering Building (Starbucks has bathrooms). Trains to Astor Place and 8th St - #6,N,R,W; or E,F to W.4th St and walk east. If rains hard-don't come. Leader: Susan B. Non-members \$3.

Sun., May 3 - **LAKE WELCH**. A delightful getaway in an area not often explored. We'll be guests of the SBM, LP, and Beech trails. Around 8 miles at a moderate pace. It is not necessary to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:14 Jersey Transit train from Penn Sta., changing at Secaucus for the 9:31 Port Jervis train to Sloatsburg, arriving at 10:12. (Fare: RT \$15.50/Srs.\$10) Or, take the 9:10 ShortLine bus from PABT arriving in Sloatsburg at 10:07. (Fare: RT \$25.90/Srs.\$12.90). Out in time for the 4:28 train back to Penn Sta. No children, no pets, no smoking. Joint with other clubs. Leader: Bob Susser 212 666-4371; rsusser@aol.com. Non-members \$3.

Sun., May 3 - **CULTURAL WALKING TOUR of HISTORIC LOWER EAST SIDE**. 4 to 5 miles, level street walking. Bring lunch or eat at an inexpensive Spanish restaurant with the leaders. After lunch this interesting and educational walk continues. Bring sunscreen and water. Meet at 11:30 a.m. Take F train, 1st car to Lower East Side/ 2nd Ave. station. Exit 1st Ave. and Allen St - meet upstairs. Cost: subway fare. Leaders: Sam and Esther Dorfman. No phone calls; rain cancels. Joint hike. Non-members \$3.

Tues., May 5 - **BROOKLYN BOTANIC GARDEN**. Cherry Blossoms - Can be extended into Prospect Park. Bring lunch or buy it in Garden. Take #2 or #3 train to Eastern Parkway. Meet at change booth at 11:00. Admission free. Leader: Pat O'Malley 212 924-7486. Non-members \$3.

Sat., May 9 - **WAGNER COLLEGE AND CLOVE LAKE PARK**. 4 miles, easy pace. Walk the campus of Wagner College and then proceed to Clove Lake Park. Bring lunch/water. Meet: S.I. Ferry Terminal, Manhattan side, at 10:30 AM. Call week of walk to confirm between 8 pm and 10 pm. Leader: Sal Varbero, 718-420-9569. Joint walk. Non-members \$3.

Sat., May 9 - **C. B. J. SNYDER PUBLIC SCHOOLS ON THE LOWER EAST SIDE**. 2-3 miles, easy, city streets walking. Superintendent of School Building from 1891-1923 during the glory days of public education, Snyder designed nearly 400 schools and additions. Replacing unsafe, unsanitary factory-like buildings, his "palaces of the people" (Jacob Riis' phrase) convey Progressive and reform beliefs in light, play, health, good ventilation, schools as neighborhood anchors. His innovative designs sparked a decade or more of City Beautiful schools all over the country. This walk will look at six of his schools on the Lower East Side. Meet at 10 a.m. in the park across from Wholefoods, on the southeast corner of Houston and Christie St (which becomes 2nd Ave north of Houston). The F train stops at that corner. Leader: Jean Arrington, 646-290-4119. Non-members \$3.

Sat., May 9 - **CENTRAL PARK TREE WALK**. Ned Barnard, the author of "New York City Trees - A Field Guide For the Metropolitan Area," will escort us on another one of his very popular tree identification walks. Of necessity, the walk will go at a snail's pace with many stops, and is not for those looking to get a lot of exercise. Meet 10:30 AM at the Conservatory Garden, 105th St. & 5th Ave. The walk will end around 3, so bring lunch. It is not necessary to register, but you must call or preferably email me beforehand to make sure that the walk is on. Ned will have a limited number of his books on hand for those who wish to buy one (\$10). Let me know if you are thinking of buying a book so Ned will have some idea of how many to bring along. Leader: Bob Susser, 212-666-4371; rsusser@aol.com. Non-members \$3.

Sun., May 10 - **GARRISON-ARDEN POINT & SUGAR LOAF SOUTH**. Moderate pace 7 mile walk, hiking trails. We use the Blue trail which eliminates the road walking to Sugar Loaf South. A short lunch at the Sugar Loaf view point, then back to Arden Point with its Hudson River views for a second short lunch. Afterward a water break at the Northend viewpoint and then back to Garrison Landing. Inclement weather cancels. Take the Hudson line from Grand Central terminal to arrive at Garrison just before noon. (For schedules call 1-800-METROINFO). Check schedule, times change. Drivers park/meet at commuter lot at noon. Leader: Hal Kaplan 914-376-3156. Hike message on answering machine beginning Sat. a.m.; directions via Google maps use: Lower Station Rd zip 10524. Non-members \$3.

Sun., May 10 - **ROCKEFELLER STATE PARK PRESERVE**. Bring your mother on this leisurely stroll of around 6 miles along some of the shady carriage paths and intimate wooded lanes with panoramic vistas which characterize this beautiful preserve. (Please note: this is not a "hike" and is obviously not designed for those looking for aerobic exercise.) Take the 10:20 MetroNorth Hudson Line train from Grand Central, arriving in Philipse Manor at 11:12. (RT fare: \$14.50/Srs.\$9.50) This train may also be boarded 10:40 at the Marble Hill station, one block from the 225th St. stop on the #1 subway RT fare: \$7/Srs.\$3.50. Please sit in the first or second car of the train. No need to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. No children, no pets, no smoking. Joint with other clubs. Leader: Bob Susser 212-666-4371; rsusser@aol.com.

Sun., May 10 - **BRIGHTON BEACH & BEYOND**. We'll walk the boardwalk, savor an exhilarating international community, enjoy a Russian lunch, & then explore Manhattan Beach & areas of Sheepshead Bay (including its Holocaust Memorial) before heading home. MEET: 10:30 AM in front of Nathan's. Bring water & snack. Take the D/F or Q to Coney Island-Stillwell Ave. (exit the front side of the station & you will spot Nathan's to the right across the street). Leader: Devra Zellan (917)526-3908 cell on day of walk, or 212-662-8922. Non-members \$3.

Mon., May 11 - **HACKENSACK MEADOWLANDS ENVIRONMENTAL CENTER**. 6 miles, town & country, some hills. Return along a very lightly traveled road with marsh (phragmites) on both sides. Bring lunch/beverage. Walk the trails through the marsh. Meet at PABT (40th St building, near Commuter Statues) at 11.10 to take the 11:30 DeCamp bus 99 to Noel Drive (N. Arlington). We'll return from CHUBB on NJ Transit Bus #192. R/T fare about \$10/Sr \$4.00. Admission: \$2. Leader: Pat O'Malley 212 924-7486. Non-members \$3.

Sat., May 16 - **CITY ISLAND, ORCHARD BEACH**. 6 to 8 miles, moderate, ups and downs. Walk from Pelham Bay Park to City Island, a quaint fishing village in the Bronx. Lunch on City Island at an outdoor waterfront cafeteria or bring your own lunch. Then on to Orchard Beach and the Nature Center. The walk will start at Pelham Bay. Please call 917-842-9490 anytime (24/7) 72 hours prior to the walk for meeting place and time. Leader: Leonard Morgenstern.

Sat., May 16 - **GARRISON: EAST HUDSON HIGHLANDS**. 11 miles, moderate pace with climbs. Sugarloaf Hill South, the Appalachian Trail into the Curry Pond traverse, and a return from the West Point lookout at Arden Point. Forested rolling hills along leaf and pinecone strewn trails. Bring lunch and water. Meet at Grand Central term. Information booth, in the ticketing area before 8:20 a.m. Departure: 8:50 a.m. to Garrison, NY. Round trip total fares: \$20.50/ seniors \$13.50. Leader: Marvin Malater: (718) 376-3608, for hike status and schedule. Joint hike. Non-members \$3.

Sun., May 17 - **SCENIC FIRE ISLAND WALK IN MEMORY OF BOB ARONSON**. 7 miles - Pines to Atlantique. Visit the Pines, Cherry Grove Sailors Haven, and Atlantique. Sand may be soft. Swimming, showers and lemonade provided at AMC camp. Reduced fee for camp: \$5. Rain cancels. Take 9.06 train from Penn station (check LIRR by calling 718 217 LIRR). Meet at Sayville Platform and take taxi to ferry to the pines and return by ferry to Bayshore. Call leader to confirm that hike will take place. Leader: Frank Bamberger 718-457-5159. LIRR fare approx \$20, less for seniors. \$5 for taxi one-way. Ferries approx \$6 one way. Admission to camp \$5. Non-members \$3.

Sun., May 17 - **SNUG HARBOR VICTORIANS**. 3-5 miles, moderate pace. See restored Victorian homes and the gardens of Snug Harbor. If they have finished it, you may see the new Tuscan Garden. Bring lunch & beverage. Take the 10:30 ferry from Manhattan to Staten Island and meet leaders at the train station steps in the rear of the St. George terminal. Leaders: Bettye and Steve Soffer. Call 7-9 PM (718) 720-1593. On day of hike, call (917) 270-9967.

Wed., May 20 – **PET CEMETERY**. One quarter mile. Extend to Greenburgh Nature Center if desired, 5 miles including long hill. Bring lunch/water. Meet at Bedford Park Blvd (D train or #4) and meet at W20 bus stop under #4 station to take 11:00 AM bus to Hartsdale. Fare: MetroCard. Admission to Sanctuary \$5/\$4. Leader: Pat O'Malley, 212 924-7486. Non-members \$3.

Fri., May 22 - **FERRY RIDE AND WONDERFUL SHORE NATURE WALK** (easy walk). Meet 10:30 at top of elevator in Ferry Terminal Battery Park. Take W,R,1,4,5 subway to first stop in Manhattan and walk to Ferry Terminal. Bring lunch and beverage. NO go in rain. You must call leader, Judy Mahler 718-692-2854 the day before between 5-8 PM to confirm. Non-members \$3.

Sat., May 23 - **(MEMORIAL DAY WEEKEND) AIR SHOW, AT JONES BEACH**. (Jones Beach: 516-785-1600) 9:00 AM. Bring chair or blanket to sit on at the beach to watch the air show. After the show ends – approx. 3:00, we will walk the boardwalk and enjoy the exhibits and displays. Meet parking lot 4, southeast side, at the east tunnel leading to the center mall (flags). There is a bus/LIRR package. Ask bus driver to let you off at the Center Mall. Follow the path toward the flags, and then take the path on your right. This path will turn, and lead to the tunnel going under the road, this tunnel leads to the SE side of parking lot 4. Parking fee (\$\$\$00) will be collected, free with Empire Pass. Can wear shorts or swimsuit; bring lunch, liquid, sunscreen, sun-hat, sunglasses, binoculars. Call Jones Beach to determine if show will be cancelled because of weather. If you plan on arriving late please let me know so that I can attempt to leave space for you. The beach gets very crowded very fast. We will have a quiet breakfast on the beach before the crowds and noise. FYI the show is also Sunday. If lost the day of the show call Joanne's cell 516-503-3069 (will only be active the day of the hike). After the fun on the South Shore, there may be a great fireworks display on the North shore. If so, we will head there (after stopping for dinner). Arriving early will give us time to visit some really interesting architecture, or just hang out on the beach, after getting a prime parking spot. Those that came by train will be dropped off at the LIRR after the fireworks. Non-members \$3.

Sat., May 23 - **NISSEQUOGUE RIVER SPECIAL**. Two options 6 or 10 miles. Brisk - Not suitable for beginners. Hike along hilly bluffs to Sunken Meadow with awesome view of Nissequogue River and LI Sound. Optional hike further south to Smithtown Landing. Bring water, lunch, wear hiking boots. Rain cancels. From Penn Station take the 9:14 a.m. LIRR train to Kings Park. Fare \$19 round trip/seniors \$13. Leader will meet group at Kings Park train station at 10:39 a.m. (TIME CHANGE, CHECK SCHEDULE). Leader: Quyen (Quinn) Pham 631-234-5486, 8PM - 10 PM and morning of hike. Email: qwpham@yahoo.com. Joint hike. Non-members \$3.

Sun., May 24 - **WOODLAWN CEMETERY/VAN CORTLANDT PARK**. Approx. 5-7 miles, moderate pace, ups and downs, with drop out points. With many stops, we will enjoy visiting the many famous and interesting people residing at Woodlawn Cemetery: our secret city in the Bronx. Lunch at Woodlawn Lake. Afterwards, a brisk hike to Van Cortlandt Park, ending at 242nd St. #1 train. Bring lunch and sufficient liquids. Sturdy footwear is needed for the afternoon walk. Take the #4, Lexington Ave. express to Woodlawn, the last stop. Meet downstairs, next to pizza shop, at 10:30 a.m. Steady rain cancels. Leader: Victor Scelzo. Call 718-652-9075 or e-mail starting Fri 5/22: Urbantrail2000@yahoo.com for hike status. Non-members \$3.

Thurs., May 28 - **GREYSTONE to HASTINGS via CROTON AQUEDUCT**. Approx. 5 miles, moderate pace. Hike mostly on Old Croton Aqueduct, but also on several side trails in nearby parks which are climbs. First to Untermeyer Park, then Lenior both are 150 ft. climbs, both have great view point. Afterward we go north via a series of inter-connected parks & return to the OCA, finishing in Hastings Trans: Metro North take 11:20 train to Greystone, arr. 11:57. Driver's park near the Greystone Sta. (Google Map: Warburton & Harriman Ave. zip 10701) (do not park in commuter lot!) Leader: Hal Kaplan 914-376-3156. Hike message begins Sun P.M. Note: There are several "easy outs" which could bring mileage below 4 miles if necessary.

Fri., May 29 - **PRESBY IRIS GARDENS**. One mile can be extended to about 3. Meet at Port Authority Bus Terminal to take 11:30 a.m. De Camp buses 66 to Valley Road @ Laurel Place in Montclair, NJ. Fare: \$6.50/\$3.25 one way. Return on train. Leader: Pat O'Malley, 212 924-7486.

Sat., May 30 - **BRONX BOTANICAL GARDEN**. Roses, tulip trees, forest walk and optional visit to conservatory. (Please note: this approximately 4-mile walk is not a "hike" but simply a garden visit, and is obviously not designed for those eager to get aerobic exercise.) Take the 10:23 Harlem Line train from Grand Central, arriving at the "Botanical Garden" Station at 10:42. Fare OW \$3.25 with "City Ticket." Alternatively, take the 4 or D subway to "Bedford Park Blvd." and then the #26 bus east to the Mosholu Gate entrance -- or, the 2 subway to "Allerton Ave." and then the #26 bus west to the entrance. Meet just inside the Mosholu Gate at 10:45. Admission to the Garden is free on Saturdays until noon. Conservatory admission: \$8/Srs.\$7. If driving, park in the lot by the station (\$10) or on a nearby street. No coordination of rides. Visit will end by 3, but of course you are free to leave earlier or stay later. Not necessary to register, but you must call or preferably email me beforehand to make sure that the visit is on. Bring lunch and beverage, or buy it in the cafeteria. No pets; no smoking. Joint with other clubs. Leader: Bob Susser 212-666-4371; rsusser@aol.com. Non-members \$3.

Wed., Jun. 3 - **HASTINGS CIRCULAR**. Approx. 5 miles, moderate pace. Entirely within inter-connected suburban parks: Rowleys Bridge, Old Croton Aqueduct, Lenoir Preserve, Draper Park, Burke Estate, & Zinnzer Park & back to the diner near the Hastings Station. Inclement weather or ground conditions may cancel. Trans: take 11:20 a.m. Metro North RR to Hastings, arr. 11:57. Drivers park/meet in northbound commuter lot. Leader: Hal Kaplan, **914-376-3156** (hike message beg. Sun. PM (Drivers use Google Map: Southside Ave, zip 10706) There are several "easy outs" which could bring mileage below 4 miles if necessary. Non-members \$3.

Thurs., Jun. 4 - **ALICE AUSTIN HOUSE/VON BRIESEN PARK/FT WADSWORTH**. 1-5 miles (Can take return bus after each destination). Meet in waiting room of Staten Island Ferry Terminal to take 11:30 ferry, then S51 bus on SI to Hyland Blvd. Fares: MetroCard. Admission \$ 6/\$3. Leader: Pat O'Malley **212 924-7486**. Non-members \$3.

Sat., Jun. 6 - **C.L.I.M.B.** We will join City Life Is Moving Bodies for a walk along the heights retracing General Washington's retreat for part of the way and ending up at the High Bridge Water Tower. Lunch will be provided at the end of the walk as part of Hike the Heights 5 and in celebration of National Trails Day. We will meet at the Northwest corner of Central Park (110th street and Central Park West). Call me one week in advance for details. Joint with other clubs. Leader: Bob Ward, **718-471-7036** with honorary co-leader Dr. Lourdes J. Hernandez-Cordero. Non-members \$3.

Sat., Jun. 6 - **ROCKEFELLER STATE PARK and Vicinity**. 8 to 10 mi. moderate pace, some up hills and down hills, along carriage roads. Beautiful wooded areas, lakes, meadows, and a farm, on public and private land. Bring lunch and water. Take the 10:20 a.m. Metro North from GCT. Arrive 11:12 a.m. at Philipse Manor to meet the leader. (R/T \$15/ \$10 srs.). Also from Marble Hill Sta. at 10:40a.m.(1 block from 225th St., #1). R/T 7.50/srs. \$3.50). Check schedules! They will change after May 2. You must call or email starting Fri. Jun 5, to see if the hike is on, and for schedule. Leader: Victor Scelzo, **718-652-9075**. Urbantrail2000@yahoo.com. Non-members \$3.

Sun., Jun. 7 - **NYU BUILDINGS, WASHINGTON SQUARE CAMPUS AND ITS PERIPHERY**. About 3 miles. See how NYU has expanded its geographical area. Meet 11:00 am outside 51 Astor Place in front of Cooper Union Engineering Building. (use bathrooms in Starbucks before walk). Many trains go to Astor Place and 8th St. -N,R,W to 8 St; 6 to Astor Place, many trains to W.4th St (walk East and 4 blocks north). Lunch in area - my favorite is Around the Clock 3 Av. and 9 St. If rains hard-don't come. Leader: Susan B. Non-members \$3.

Sun., Jun. 7- **GARRISON CIRCULAR**. 9-12 miles. Moderate pace with several climbs. White Rock East, carriage trail into the Appalachian Trail traverse, and a return from the West Point lookout at Arden Point. Views of Hook Mountain and the Bear Mountain. Forested, rolling hills on varied terrain. Bring lunch and water. Meet at Grand Central Term. information booth, in the ticketing area. Before 8:20 a.m. Departure 8:50 a.m. to Garrison N.Y. Round trip total fares \$20.50/seniors \$13.50. Leader: Marvin Malater: **(718) 376-3608**, for hike status and schedule. Joint hike. Non-members \$3.

Thurs, Jun. 11 - **BAYARD CUTTING ARBORETUM**. 5 miles. Walk in woods, around lawns and along shore of Connetquot River. Bring lunch/water. Meet at Penn Station, lower level, near ticket windows to take 10:25AM train to Great River. Fare: RT \$19.50/srs \$13.50. OR meet at Great River RR station at 11:40AM where you can park. Admission to Arboretum free to pedestrians. Leader: Pat O'Malley **212 924-7486**. Non-members \$3.

Fri., Jun. 12 - **CROTON POINT PARK**. 4 to 5 miles. Moderate pace with some hills. Circular route. Scenic hike along park bordering Hudson River. Views of Westchester and New Jersey. Bring water and snacks. Meet 11:15a.m. at Grand Central Terminal 42nd Street information booth. Transportation: \$15/seniors \$10. Leader: Ray Krant, **718-435-4994**. Non-members \$3.

Sat., Jun. 13 - **LEATHERSTOCKING TRAIL**. "A" level hike, approx. 10 miles. We will wander this trail to the reservoir and back. Why the "A" you ask? We will go from one end to the other in New Rochelle, come back and do some of the side trails and stop at the reservoir for lunch. Then back to the station in the late afternoon (when the light is the most beautiful) or a stop in town for a quick dinner. *LATE RETURN*. Bring a flashlight just in case. Meet at Grand Central Terminal in the Stationmaster's office near the Transit Museum store. Leader: Mike Puder **718-743-0920**. Can start calling Wed. night for recorded message with details. Non-members \$3.

Sat., Jun. 13 - **RANDALLS & WARD ISLANDS**. 6 miles, easy/moderate pace. We will walk along the east side to Randalls & Ward Islands. We will pass the stadium and enjoy East River views. Bring lunch/water. Meet 11 AM at 96th Street & Lexington Avenue. Leader: Sal Varbero **718-420-9569** CALL TO CONFIRM week of walk evenings 8-10 PM. Non-members \$3.

Sun., Jun. 14 - **PLAY A TUNE HIKE**. 2-3 miles, easy pace to enjoy the Staten Island Greenbelt and informal music at High Rock. Bring lunch and water, and an instrument to have a join-in concert. If you don't have an instrument and want to sing along with us, that's fine. Take the 10:30 ferry from Manhattan to Staten Island and then the S74 bus to Richmond Road and Rockland Avenue where you will meet the leaders at 11:45 AM. Drivers call for directions. Leaders: Bettye & Steve Soffer, call 7-9 PM **(718) 720-1593**; on day of hike **(917) 270-9967**. Non-members \$3.

Sun., Jun. 14 - **JOHNSONTOWN CIRCULAR**. An approximately 7-mile moderately-paced ridge walk on the Blue Disc and other trails, passing by Lake Skenanto with its oceans of mountain laurel (now at their peak). Out around 4. It is not necessary to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:14 Jersey Transit train from Penn Sta., changing at Secaucus for the 9:31 Port Jervis train to Sloatsburg, arriving at 10:12 (fare: RT\$15.50/Srs.\$10). Or, take the 9:10 ShortLine bus from the PABT arriving in Sloatsburg at 10:07 (fare: RT\$25.90/Srs.\$12.90). Out in time for the 4:28 train back to Penn Sta. No children, no pets, no smoking. Joint with other clubs. Leader: Bob Susser **212 666-4371**; rsusser@aol.com. Non-members \$3.

Sun., Jun. 14 - **RYE PLAYLAND ROAD & PARK WALK**. 8 miles. Easy summer afternoon walk on a portion of the Westchester Shore; quiet suburban roads, Reade Preserve and that 1920's Amusement Park and Beach. Start and finish at Rye RR Sta. Bring water & lunch; snack bar food available near end of hike. From Grand Central Terminal take the 11:34 AM New Haven Line to Rye (arr.12:19). (*For schedule changes call 1-800-METROINFO*). Drivers park in Rye Commuter Lot. (I-95 Exit 19 look for station signs)We return there after the hike. Heavy Steady Rain cancels. Leader: Hal Kaplan **914 376-3156**. Hike Message begins Sat morning; Google/Yahoo map directions use: 1st St & zip 10580. Non-members \$3.

Wed., Jun. 17 – **THE NEW YORK BOTANICAL GARDEN**. Take 10:23 AM Harlem Line train to NYBG stop OR #4 train, OR "D" train to Bedford Park Blvd and walk east 7 blocks (bus # 26 on BP Blvd also stops at gate). Meet at entrance at 11:00. Admission to grounds is free. First walk a couple of miles then choose to leave or pay admission to the Conservatory. Leader: Pat O'Malley **212 924-7486**. Non-members \$3.

Sat., Jun. 20 - **POETRY WALK AND READING.** Easy walk in the Brooklyn Botanical Garden. Take 2,3, train to Eastern Parkway station. Meet 10:30 at the Eastern Parkway entrance to the Garden. Bring poetry to read. We can eat in the cafeteria. No go in rain. Call leaders, Judy and Marty Mahler, the day before between 5 and 7 PM to confirm. 718-692-2854. Non-members \$3.

Sat., Jun. 20 - **FAHNESTOCK.** Various trails through woods and high-level meadows with a profusion of wildflowers and alpine-like vistas. Approximately 8 miles at a moderate pace. Out around 5. It is not necessary to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:45 train from GCT arriving in Cold Spring at 11:00 (fare: OW\$10/Srs.\$6.50). This train may also be boarded 9:40 at the Marble Hill station (one block from the 225th St. stop on the #1 subway), with a change at Croton-Harmon for the express. Fare: OW\$7.50/Srs.3.75. Please sit in the first or second open car of the train. No children, no pets, no smoking. Joint with other clubs. Leader: Bob Susser 212 666-4371; rsusser@aol.com. Non-members \$3.

Sat., Jun. 20 - **WEST SIDE PROMENADE.** Approx. 5 level miles, moderate pace. Visit the Museum of the American Indian then continue along the Hudson River to view some of the interesting sights. Bring lunch or purchase at the Winter Garden. After lunch we continue to Chelsea Market for a snack and to enjoy the stores. Meet at the Museum of the American Indian at 11 a.m. Take #4 or #5 train to Bowling Green, R train to Whitehall St. or #1 train to South Ferry. Leaders: Sam and Esther Dorfman. No phone calls. Rain cancels. Non-members \$3.

Sun., Jun. 21 - **CENTRAL PARK TREE WALK.** Ned Barnard, the author of "New York City Trees - A Field Guide For the Metropolitan Area," will escort us on another one of his very popular tree identification walks. Of necessity, the walk will go at a snail's pace with many stops, and is not for those looking to get a lot of exercise. Meet 10:30 AM at the entrance to the Park at 59th St. & 5th Ave. The walk will end around 3, so bring lunch. It is not necessary to register, but you must call or preferably email me beforehand to make sure that the walk is on. Ned will have a limited number of his books on hand for those who wish to buy one (\$10). Let me know if you are thinking of buying a book so Ned will have some idea of how many to bring along. Leader: Bob Susser, 212-666-4371; rsusser@aol.com. Non-members \$3.

Sun., Jun. 21 - **FLAT ROCK NATURE CENTER (NEW JERSEY).** About 4 miles, easy pace, ups & downs on trails. Bring lunch, water, sunscreen, and insect repellent. Dress for poison ivy, ticks, mosquitoes and nature trails. Wear hiking boots! Rain or muddy trails cancels! Meet 11:15 AM inside George Washington Bridge Bus Terminal near information and ticket windows to take NJ Transit bus #171 at 11:45 AM. Take A to 175th St. stop. Fare: Approx. \$2 one-way. Leaders: Pat O'Malley 212-924-7486 and Helen Mangione-Yee. Non-members \$3.

Wed., Jun. 24 – **WESTBURY GARDENS.** 6 miles along city streets & country roads, mostly level, to a variety of gardens, paths through woods, past ponds and lawns. Bring lunch. Admission \$10/\$8. Meet at LIRR ticket windows to take 9:34 train to Westbury, fare \$30.50/Srs \$21 RT. Leader: Pat O'Malley 212 924-7486. Non-members \$3.

Fri., Jun. 26 - **PLUM BEACH.** Interesting old Brooklyn area (with some gentrification) and beach. Meet 10:30 at Sheepshead Bay Station, B, Q train. Bring lunch and drink. NO go in rain. You must call leader, Judy Mahler 718-692-2854 the day before between 5 and 8 PM to confirm.

Sat., Jun. 27 – **NORTHERN MANHATTAN PARKS.** 3 to 4 miles slightly hilly. Inwood Hill Park, Fort Tryon Park, Cloisters, River Bank State Park and along Hudson. Bring lunch and water. Take A train to 207th St. and meet 10:30 a.m. at 207th St. corner of B'way. Leader: Jane Alexander. Meet rain or shine. No calls, joint hike. Non-members \$3.

Sat., Jun. 27 - **HIKE IN COLD SPRING.** We will take an exploratory hike in the Cold Spring area. This is a slightly challenging day on several trails, especially the Nelsonville Trail. *Late return possible.* Meet at Grand Central Terminal in the Station Master's office. Details on answering machine. Start calling Tues. night for details. Fare: \$20.50 R.T. Leader: Mike Puder 718-743-0920. No charge to non-members for this one.

Sun., Jun. 28 - **BEAR MOUNTAIN.** Over Timp and Bald. Two nice uphill and a moderately steep descent from Bald, but some fairly easy walking on woods roads as well. Around 8 miles at a moderate pace. Out around 4. Parking fee \$6 per car. It is not necessary to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. No children, no pets, no smoking. Joint with other clubs. Take the 8:45 ShortLine bus from the PABT, arriving at "Bear Mountain" at 10:15. Fare: RT\$26.70/Srs.\$13.30 (with Jersey Transit half-fare coupon). Leader: Bob Susser 212 666-4371; rsusser@aol.com. Non-members \$3.

~ CONTACT US ~

Please send your membership dues of \$10 per year to: The Urban Trail Conference Inc., P. O. Box 325, New York, NY 10116-0325. Make check payable to: The Urban Trail Conference Inc. THANK YOU.

☎ 212-924-7486 (before 9 p.m.) ☎ **Email:** urbantrail2000@yahoo.com

💻 **Web Site:** <http://www.urbantrail.org> 💻

🌀 Your club expiration date can be found on the line above your name on the mailing label of this envelope. 🌀

🌀 Non-members pay one day dues \$3. Members do not pay fee. 🌀