



**SCHEDULE OF ACTIVITIES (214)
January/February/March 2010**

I understand that I participate in today's outing entirely at my own risk. The volunteer leader will try to make the event enjoyable, informative and safe, but neither The Urban Trail Conference Inc. nor its officers and leaders can be held responsible for accident or injury. The leader may reject from the outing anyone whose preparation or conduct is inappropriate. I will comply with all applicable laws.

**We are now on a three-month schedule rotation.
Your next schedule will be for April, May and June 2010.
Please check your expiration date and renew early.**

Fri., Jan. 1 – **TOO COLD TO WALK/TRY THIS.** Manhattan Bus ride, M4 full length. Return on train from 190th St. Meet at 32nd St & 7th Ave at 1:00 PM Leader: Pat O'Malley 212 924-7486. Non-members \$3.

Sat., Jan. 2 - **WAVE HILL GARDENS, Bronx.** Approx. 4 to 6 miles. Steady uphill to Wave Hill through Riverdale neighborhood, at a moderate pace. Free admission before noon. Lunch at Wave Hill. Bring lunch and beverage or buy at snack bar. After exploring the garden we may walk a bit in Riverdale. Drop out points available. Meet 10:30 a.m. promptly downstairs on park side, at 242 St.-Van Cortlandt Park station (last stop on the #1 line). Metrocard fare. You must call or email for hike status starting Fri. Jan 1. Leader: Victor Scelzo 718-652-9075. Urbantrail2000@yahoo.com. Non-members \$3.

Thur., Jan., 7 - **HARLEM MEER/CONSERVATORY GARDENS.** 3 to 5 miles. Bring lunch/drink. Meet at 110th St and Central Park West, park side, at 11:00 AM. Leader: Pat O'Malley, 212 924-7486. Non-members \$3.

Sat., Jan. 9 - **GREENBELT TRAIL MASSAPEQUA –BETHPAGE.** We will walk on this easy trail/bike path into town and may make a stop first at the IHOP (Int'l House of Pancakes) or a pizza place along the way. Walk past three beautiful ponds and see the waterfowl in the winter. Meet at Penn Station in the lower LIRR waiting room to take the train to Massapequa. Can start calling Wednesday night the week of the hike for details on answering machine or send an E-mail to nyhiker50@verizon.net up to one night before the hike by 9 P.M. Leader: Mike Puder 718-743-0920. Non-members \$3.

Sat., Jan. 9 - **RIDGEFIELD RAIL TRAIL.** 7 to 8 miles, mostly flat, some hills, steady pace. Hike to historic Ridgefield Connecticut returning the same way. Possible extension to the Florida Refuge. Bring lunch and water. Be prepared for snow and ice. Meet Grand Central Terminal information booth at 10:45 a.m. for 11:07 a.m. train, R/T to Branchville, CT. You must call to confirm hike status, evening Jan. 8th only. Leader: Ludwig Hendel, 718-626-3983. Non-members \$3.

Sun., Jan. 10 - **GREYSTONE TO ARDSLEY VIA OLD CROTON AQUEDUCT.** 7 miles, moderate pace. Moderate hike mostly on Old Croton Aqueduct but also on several side trails in nearby parks which are climbs. First to Untermeyer Park, then Lenior both are 150 ft. climbs both have great view point. Afterward we go north via a series of inter-connected parks & return to the OCA, finish in Ardsley. Snow, ice may limit route or cancel. Trans. GCT & take 11:20 train to Greystone, arr. 11:57. Drivers park near the Greystone Sta. (Google Map: Warburton & Harriman Ave. zip 10701) (do not park in commuter lot!) Leader: Hal Kaplan 914-376-3156. Hike message begins Wed AM. Non-members \$3.

Sun., Jan. 10 - **JONES BEACH.** Leisurely walk on boardwalk and beach looking for birds. Take LIRR 9:09 a.m. train from Penn Station to Wantagh, arriving at 10:04 a.m. Check LIRR schedule for changes. Drivers meet at the east side of Wantagh Station. You must call leader to confirm hike will take place. Leader: Frank Bamberger. 718-457-5159. Rain cancels. Non-members \$3.

Wed., Jan.13 -**VAN CORTLANDT PARK.** 3 to 5 miles, some hills. Bring lunch/drink. Meet at 242 St subway station, last stop on #1 line, at 11:00 am. Leader: Pat O'Malley 212- 924-7486. Non-members \$3.

Thurs., Jan. 14 - **City Walk & Tour: CORONA & JACKSON HTS.** 4 easy paced miles. Meet Grand Central between Info booth & track # 27 at 11:30 AM. From here we take the # 7 to 103 St. Sta. Walk begins here in this former Italian American enclave continues past the former Tiffany factory & Durkee Spice plant and into Jackson Hts. Here we go from South America to south Asia in 10 blocks. Also we visit the 1st planned garden apartment community in NYC. Possible snack stop near hikes finish at 74th & Roosevelt Ave (#7,E, F, V & G trains) Leader Hal Kaplan 914-376-3156. Hike message begins Jan. 12 at 10 AM. Non-members \$3.

Sat., Jan. 16 - **SNYDER AND BIZET: PUBLIC SCHOOLS AND OPERA.** 10:00 a.m start. 3-4 miles, moderate pace, city streets.. We'll look at public schools in the East Village designed by C. B. J. Snyder during his 31-year career from 1891 to 1923 as Superintendent of School Buildings. Then we'll have a half-hour to have lunch or visit the Union-Square green market. And at 1:00 p.m. those who wish can go to a free Metropolitan Opera simulcast of Bizet's Carmen in the Washington Irving High School auditorium. We'll meet at 10:00 a.m. in the park on the southeast corner of Chrystie St and Houston St (F train stop). I'll have my cell phone with me. Leader: Jean Arrington, 646-290-4119. Non-members \$3.

Sun., Jan. 17 - **RIVERSIDE PARK.** A moderate, level walk from 116th St. to 66th St. followed by a nice bowl of hot soup (or whatever) at Ollie's. Meet 10:30 inside the Broadway & 116th St. subway station, but outside of the turnstiles. Optional small contribution for Riverside Park Fund. Will take place no matter what the weather, but call or preferably email me beforehand to make sure that the walk is on. No pets; no smoking. Leader: Bob Susser, 212-666-4371; rsusser@aol.com. Non-members \$3.

Tues., Jan. 19 - **BROOKLYN BOTANIC GARDEN.** Can be extended into Prospect Park. Bring lunch or buy it in Garden. Take #2 or #3 train to Eastern Parkway. Meet at token booth at 11:00 am. Admission free. Leader: Pat O'Malley 212 924-7486. Non-members \$3.

Sat., Jan. 23 - **TALLMAN MOUNTAIN STATE PARK TO NYACK**. 8 miles. A delightful day awaits us here. We will walk in the park on the bike path followed by a stop for hot chocolate and to warm up in Piermont. Then on to the old railroad bed to Nyack. Spectacular views of the Hudson River and the Tappan-Zee Bridge. In Nyack we will end the walk with a stop at a delicious moderately priced meal at Mexican restaurant there. Bring water, snacks, and extra clothing. Late return. Meet at 42nd St. Port Authority Bus Terminal, at the statue of the commuters near ticket windows on the main floor. Purchase one way ticket on bus to Palisades Oak Tree Road; return ticket can be purchased on bus in Nyack. Start calling Wednesday night during the week of the hike for recorded message. Leader: Lynn Albin 718-743-0920 or e-mail at nyhiker50@verizon.net for additional information. Joint hike with other clubs. Non-members \$3.

Sat., Jan. 23 - **MUSEUM OF AMERICAN INDIAN, BOWLING GREEN, AND WALL ST.** About 3 miles, easy pace, city streets. Visit the Museum of American Indian (formerly US Custom House), with its sculpture, indoor murals, and Native American art. Visit Bowling Green area, lower Broadway, Trinity Church, and Wall Street area. May end up at a local restaurant, weather permitting. Meet after lunch, 12:30pm, in front of Museum at Bowling Green. Museum is free. Transportation: #4,5 subway to Bowling Green, #1 to South Ferry, R, W to Whitehall St. Leader: Susan B. 718-275-7654; call before 10pm, or after 8am. Severe weather cancels. Dress warmly. Joint walk; members and their friends only preferred.

Sat., Jan. 23 - **LONG BEACH-ALONG BEACH-BOTH WAYS**. 8 miles. Long Island Railroad from Penn Station or Woodside (cheaper fare from Jamaica) to Long Beach. Wear sturdy comfortable shoes for ocean walk, some stops to look for ducks and seals. Stop at restaurant for lunch or bring lunch and eat outside. Heavy rain or snow storm cancels. Bring water. Call Thurs – Fri after 7 pm for time. Leader: Judy 718-482-9659. Joint Hike. Non-members \$3.

Thurs., Jan 28 - **City Walk & Tour: LIC SHORE and ROOSEVELT ISLAND**. 5 easy paced miles. Long Island City Riverfront to Roosevelt Island - Meet Grand Central 11:30 a.m. between Info booth & track # 27. Begin by taking # 7 to Court Sq. Sta. walk begins here. Citi Bank lobby, PS 1, 51 Ave. Garden Street by Midtown tunnel and Gantry Park. Continue along Vernon Blvd to 36 Ave. Bridge & Roosevelt Island with its continuous river views. Finishing here for coffee & the tramway back to 60th St & 2nd Ave. Leader: Hal Kaplan, 914-376-3156. Hike message on answering machine starting Jan. 26 at 10 a.m. Non-members \$3.

Fri., Jan. 29 – **CARL SCHURZ PARK/EAST RIVER to FULTON FERRY LANDING**. Drop off points en route. Meet at 10:00 AM at 86 St and York Ave, SE corner. Leader: Pat O'Malley 212 924-7486. Non-members \$3.

Sat., Jan. 30 - **CONNETQUOT RIVER PLUS GREAT SOUTH BAY (Long Island)**. 6 or 12 miles. Flat. Brisk pace. No slow hikers please. A winter hike to an interesting Connetquot Park Preserve. See ponds, river, fish hatchery and wildlife. Then on to an awesome view of the Great South Bay in Heckscher State Park. Bring water, lunch and hot beverage, wear hiking boots. Rain, snow or icy conditions cancel. From Penn Station take the 9:16 AM LIRR train to Great River. Fare \$21.50 roundtrip/seniors \$14.26. Leader will meet group at Great River train station at 10:33 a.m. (TIME CHANGE, CHECK SCHEDULE). Joint hike with other clubs. Leader: Quyen (Quinn) Pham 631-234-5486, 8 p.m. - 10 p.m. and morning of hike. qwpham@yahoo.com. Non-members \$3.

Sun., Jan. 31 - **STATEN ISLAND WINTER HIKE - XCO TOUR**. Depending on the weather, we will hike 4-5 miles on Greenbelt trails or Staten Island streets in area to be decided. If you have cross country skis or snowshoes, call to register for a cross country tour in a local park or golf course where there is sufficient snow cover. For the winter hike, bring lunch and beverage and allow sufficient time to take the 10:30 a.m. ferry from Manhattan to Staten Island. Please use rest room facilities before you get to Staten Island so we can leave promptly. Meet the leaders at the train station steps the rear of the terminal. Drivers or those not coming from Manhattan may call leaders for instructions. Metrocard: 2 fares. Leaders: Bettye & Steve Soffer. Call 718-720-1593 between 7-9 p.m. Cell phone on day of hike: 718-612-6284. Heavy rain or snow cancels. Non-members \$3.

Thurs., Feb. 4 – **ROOSEVELT ISLAND**. 4 miles. Meet at Greenacre Park (next to 211 E 51st St between 3rd & 2nd Aves) at 11:00 AM. Bring lunch/beverage. Tram to Island, can return on F train. Fares: MetroCard. Leader: Pat O'Malley, 212 924-7486 Non-members \$3.

Sat., Feb. 6 - **BRONX BOTANICAL GARDENS**. No flowers but plenty of stately, snow-clad trees in this winter wonderland. Then warm up in the tropical atmosphere of the conservatory. Take the 10:23 Harlem Line train from Grand Central, arriving at the Botanical Garden Station at 10:42. Fare OW \$3.50 with "City Ticket." Or, take the No.2 subway to Allerton Ave., then the No.26 bus to the Mosholu Gate. Meet just outside the Mosholu Gate at 10:45. Admission to the Gardens is free on Saturdays until noon. Conservatory admission: \$8/Srs. \$7. If driving, park in the lot by the station (\$10) or on a nearby street. No coordination of rides. Visit will end around 3 but, of course, you are free to leave at any time. Call or preferably e-mail me beforehand to make sure that the visit is on. Bring lunch and beverage, or buy it in the cafeteria. No pets; no smoking. Leader: Bob Susser 212-666-4371; rsusser@aol.com. Non-members \$3.

Sat., Feb. 6 - **RARITAN POWER CANAL**. 8 miles flat, steady pace. Hike along the canal and Raritan River in Duke Island Park. Bring lunch and water. Be prepared for snow and ice. Meet Penn Station by New Jersey ticket area at 10a.m. for 10:14 a.m. train R/T to Raritan, NJ. You must call to confirm hike status, evening of Feb.5 only. Leader: Ludwig Hendel, 718-626-3983. Non-members \$3.

Mon., Feb. 8 – **LIBERTY STATE PARK**. About 4 miles mostly flat. Meet at 34th St PATH turnstiles at 11:00 AM. We'll follow the waterfront promenade for a good part of the walk, with close-ups to the Statue of Liberty and Ellis Island. Leader: Pat O'Malley. 212-924-7486. Non-members \$3.

Wed., Feb.10 - **OAKWOOD HEIGHTS TO STATEN ISLAND MALL**. 6 1/2 miles, at moderate pace and on moderate terrain. Hike through the Staten Island Greenbelt with some variety of scenery. Bring water and a light meal. Meet at the Staten Island Ferry Terminal on the Manhattan side 10:15 a.m. Leader: Ray Krant, 718-435-4994 . Non-members \$3.

Thurs., Feb. 11 - **City Walk & Tour: 1964 WORLD'S FAIR GROUNDS, QUEENS GREENBELT & FLUSHING NY's 2nd CHINATOWN**. 5 miles at an easy pace. Meet 11:30 AM in Grand Central Sta. between Info. booth & track # 27. We then take the # 7 to Willets Pt Sta. and begin there. Tour the World's Fair site; exit Park via Greenbelt & Queens Botanical Garden. Continue on Greenbelt to Parsons Blvd & then into Downtown Flushing. Possible late lunch or coffee stop before return. Leader: Hal Kaplan 914- 376-3156. Hike Message begins Feb. 9 at 10 AM. Inclement weather cancels but call first. Non-members \$3.

Sat., Feb. 13 - **ROCHELLE PARK, SADDLE BROOK, NJ.** 5-10 miles. Join us for a walk through Rochelle Park, a park for all seasons, even if there is some snow on the ground. Full of a variety of mature and younger shade trees and shrubbery, this delightful park is a rail-to-trail (Saddle River Trail) and is bisected by a lake. There is a good chance of seeing some woodchucks, rabbits and a variety of shore birds. Just a little over a 30-minute bus ride from Port Authority (42nd Street). Rochelle Park connects to Grove Street Park which we may walk through as well, depending on the weather. Bring lunch and drinks. Optional stop in local diner afterward. Call for recorded message with further details beginning Thursday evening of week of walk. Meet at Port Authority (42nd St.) white commuter statue (in NJ Transit ticket window area near the commuter statues), to take 164 bus. Fare: \$4.40 each way. Leader: Lynn Albin **718-743-0920** (till 10PM) or e-mail at nyhiker50@verizon.net for additional information. Non-members \$3.

Sun., Feb. 14 - **SINGLES VALENTINES DAY HIKE.** Seaford LIRR on the Babylon Branch -Tackapausha Preserve. We will meet between 10:00AM and 10:30 AM (train comes every 1/2 hour) and the schedule changes. It takes about 58 minutes from Penn. We will wait for the train from the city. Bus: N54. For drivers: Location is Sunrise Highway (Route 27) and Jackson Avenue. Can park in any lot on weekends and holidays. We will meet in the Gazebo on the south side of the Seaford LIRR. Walk is about 5 - 6 easy miles, past woods, ponds, and streams. We may stop in at the Tackapausha Museum (\$3.00 - I may get a discount). Bring lunch and liquid. No go if rain, snow, sleet blizzard. Leader: Joanne Tow (only if problem finding the group, call cell phone **516 503 3069**). Non-members \$3.

Sun., Feb. 14 - **HASTINGS CIRCULAR.** 7 miles, moderate pace. Entirely within inter-connected suburban parks: Rowleys Bridge, Old Croton Aqueduct, Lenoir Preserve, Draper Park, Burke Estate, Hillside Woods, Zinnzer Park & back to the diner near the Hastings Station. Inclement weather or ground conditions may cancel. Trans. GCT & take 11:20 AM to Hastings, arr. 11:57 AM. Drivers park/meet in northbound commuter lot. Leader: Hal Kaplan **914-376-3156** (hike message beginning Sat AM.) (Google Map: Southside Ave zip 10706). Non members \$3.

Tues., Feb. 16 – **WAVE HILL.** 4 miles, one long, gradual ascent on sidewalk past grand old homes. Meet at end of #1 subway line (242 St) near ticket booth at 10:00 am. Admission free until noon. Bring lunch or buy it in garden. Beautiful views of Hudson & Palisades. Variety of gardens & forest paths. Leader: Pat O'Malley **212 924-7486**. Non-members \$3.

Sat., Feb. 20 - **PIERMONT TO NYACK.** 9 miles. Moderate to brisk pace via a Tallman Mountain loop, and a northward trek on the old Erie RR bed. Terrain level to mild hills with one steeper descent. Especially cheerful in light snow. These trails culminate with an optional dinner in Nyack. Bring lunch and water. Meet at the Port Authority Bus Terminal, South Wing, by the white Commuter Statues in the ticketing area, before 7:45 a.m. Departure 8:15a.m. One way to Piermont, NY. Bus 9A, gate 220. Leader: Marvin Malater. Call **718-376-3608** for hike status or schedule. Joint hike. Non-members \$3.

Sun., Feb. 21 - **JOHNSONTOWN CIRCULAR.** A winter wonderland walk on the White Bar, Triangle, and other trails, passing by Lakes Skenanto and Sebago. Around 7 miles at a moderate pace. Lunch indoors at ADK lodge on Lake Sebago (\$2 use of facility fee). Gaiters and/or creepers may be necessary (ask me about this). Out around 4, in time for the 4.28 train back to Penn Sta. Call or preferably e-mail me beforehand to make sure that the hike is on and if you need or can offer a ride from NYC. Take the 9:11 Jersey Transit train from Penn Station, changing at Secaucus for the 9:31 train to Sloatsburg arriving at 10:12. (Fare: RT\$16.75/Srs.OW\$5.25). Please sit in the 1st or 2nd car of the train. Or take the 9:10 ShortLine bus from PABT arriving in Sloatsburg at 10:07. (Fare: RT \$25.90/Srs.\$12.90.) Leader waits for both bus and train. No children; no pets; no smoking. Leader: Bob Susser **212 666-4371**; rsusser@aol.com. Non-members \$3.

Thurs., Feb. 25 - **HASTINGS CIRCULAR.** 4 miles easy pace, entirely within inter-connected suburban parks: Rowleys Bridge, Old Croton Aqueduct, Lenoir Preserve, Draper Park, Burke Estate, Hillside Woods, Zinnzer Park & back to the diner near the Hastings Station. Inclement weather or ground conditions may cancel. Transportation: From GCT take 11:20 a.m. to Hastings. Arrives 11:57. Drivers park/meet in near commuter lots. Leader: Hal Kaplan **914-376-3156** (hike message beg. Tues. at 10. a.m.) (Google Map: Southside Ave. zip 10706). Non-members \$3.

Fri., Feb. 26 - **CAMELIAS at PLANTING FIELDS.** 5 miles. Road walking-2 miles each way. Good views of bay, conservatory with tropical plants, and landscaped grounds. Bring lunch/drink. Meet at PENN Station, LIRR lower level near ticket windows to take 8:30 AM train (CHECK SCHEDULE) to Oyster Bay. Fare \$46/\$33.50 RT. No admission charge. Leader: Pat O'Malley, **212 924-7486**. Non-members \$3.

Sat., Feb. 27 - **GARRISON-DENNING HILL & BACK.** AAA- killer hike - Extreme 11 miles, PEPPY, STEADY PACE W/ HILLS. You must be in hiking shape to join this hike!! Walk on level trail to Graymoor Monastery and on to Denning Hill for a breathtaking view. Return via road to Garrison. Meet at Grand Central Terminal at the comfortable stationmaster's Office across from Zaro's on street level for train to Garrison. Bring lunch/drink. Fare: \$22.50 round trip. Late return, bring a working flashlight! Leader: Mike Puder **718-743-0920**. Call beginning Thursday evening (till 10:00 PM) the week of hike for recorded message with details or e-mail me at nyhiker50@verizon.net any time up to 1 day before the hike. Joint hike w/other clubs. Non-members \$3.

Sat., Feb. 27 - **THE PUBLIC SCHOOLS OF CBJ SNYDER: BUSHWICK TO GREENPOINT.** Around 10 miles on city streets. This walk looks at numerous public schools in Brooklyn designed by the remarkable Charles B.J. Synder, Supt. of School Buildings from 1891 to 1923, during the glory days of public education. Replacing the factory-prison approach to education, his buildings embodied contemporary educational reform concepts about light, fresh air, and play-space for children coming out of crowded tenements. He saw schools as civic monuments and neighborhood anchors. We'll zigzag our way in a westerly direction from Bushwick through Williamsburg, ending in Greenpoint. We'll meet at 10 a.m. at the Halsey Street stop on the L train (corner of Halsey and Wyckoff). Bring or pick up a lunch. Many drop off points. Rain or inclement weather cancels. Leader: Jean Arrington, **646-290-4119** (cell phone, including day of hike). Joint hike. Non-members \$3.

Sun., Feb. 28 - **JAMAICA BAY TO FT. TILDEN.** (9 miles). Walk on trails of preserve which is surrounded by water. Some short stops to look at birds, but not a birding hike. On to Rockaway Beach and along water and sand to Ft. Tilden. Drop off points along way. Wear proper shoes if snow or ice on ground. Bring lunch and a drink. Take A train (NOT Lefferts Blvd. A train). Check subway problems. Get off a Broad Channel. Meet at 10:30 a.m. sharp. Leader: Judy **718 482 9659**. Non-members \$3.

Thurs., Mar. 4 – **OWL'S HEAD PARK/Paved Walkway to VERRAZANO BRIDGE**. 3 miles. Meet at 4th Ave & 68th St, SW corner at 1:00 PM. Take R train to Bay Ridge Ave stop at 69th St and 4th Ave. Leader: Pat O'Malley, 212 924-7486. Non-members \$3.

Sat., Mar. 6 - **NASSAU SUFFOLK TRAIL, SMITHTOWN TO SUNKEN MEADOW**. 12 miles flat terrain. Moderate pace. Bring lunch/drink. Meet in Penn Station at the LIRR waiting room on the lower level. See the mighty Nissequogge River and pass by the Smith House which is over 300 years old. Fare: \$21.50 RT. LATE RETURN. Leader: Mike Puder 718-743-0920. Call beginning Thursday eve (til 9:30PM) the week of hike for recorded message with details or e-mail me at nyhiker50@verizon.net any time up to 1 day before the hike. Joint hike with other clubs. Non-members \$3.

Tues., Mar. 9 - **City Walk & Tour: MARBLE HILL, SPUYTEN DUYPIL & WAVE HILL**. 5 easy paced miles through this hilly section of the Bronx. Begin in Marble Hill, an area which once was part of Manhattan Island but is now part of the mainland, then up to Spuyten Duyvil with its shore front park & Henry Hudson Br. walkway and finishing at Wave Hill. Meet @ Mac Donald's 5201 Broadway near West 225 Station # 1 train at 11:15 AM. Leader: Hal Kaplan 914-376-3156. Hike message on answering machine starting Sun. at 10 AM. Inclement weather cancels. Non-members \$3.

Wed., Mar. 10 – **SIGNS OF SPRING AT THE NEW YORK BOTANICAL GARDEN**. Take 10:23 Harlem line train to NYBG station OR #4, OR D subway to Bedford Park Blvd and walk east 7 blocks (bus #26 on BPB also stops at gate). Meet at entrance at 10:45 am. Admission to grounds is free. First walk a couple of miles then choose to leave or pay admission to Conservatory. Bring lunch or buy in café. Leader: Pat O'Malley, 212 924-7486. Non-members \$3.

Sat., Mar. 13 - **VAN CORTLANDT PARK to TIBBETTS BROOK PARK**. 6-8 miles, moderate pace, mostly flat, some hilly up and downs. Hike either or all of 3 trails: Old Putnam Railway, Old Croton Aqueduct, Van Cortlandt Woodland. Return to the starting point. Lovely woods, 2 lakes, and birds in season. Bring lunch, beverage. Take the #1 Broadway 7th Ave. local train, to 242nd street (last stop), and meet at 11:00 a.m. downstairs on the park side. Bad weather cancels. Wear hiking shoe and expect some wet spots. You must call or email starting Fri., Mar. 12 for hike status. Leader: Victor Scelzo. 718-652-9075, urbantrail2000@yahoo.com. Non-members \$3.

Sun., Mar. 14 - **INWOOD, CLOISTERS, & FORT TRYON PARK**. A walk through Inwood & Fort Tryon Parks, with a visit to the Cloisters. About 4 miles, with a few nice hills. After a stroll through Inwood Park, we will cross over into Fort Tryon Park with its majestic outlook over the Hudson for lunch (bring lunch and beverage). After lunch, a visit to the Cloisters (admission is "pay what you wish" -- \$1 is fine), then through the rest of the park, including the Heather Garden. Take A train to 207th Street and meet 10:30 am on the NW corner of 207th & Broadway. The walk should end around 3 pm. No pets; no smoking. Give me a call Friday evening if the weather forecast is uncertain. Leader: Bob Susser: rsusser@aol.com, 212 666-4371. Non-members \$3.

Fri., Mar. 19 – **LONG BEACH**. 5 miles. Walk through town and along boardwalk, return passing canals. Meet at Penn Station, LIRR level near ticket windows in time to take the 10:33 train. Fares: \$7.00/ Sr. \$4.75 each way. (check schedule & fares). Leader: Pat O'Malley 212 924-7486. Non-members \$3.

Sat., Mar. 20 - **GARRISON CIRCULAR**. 10 miles. Forested, rolling hills along generally unimpeded trails. Excursion on the Appalachian Trail, Curry Pond traverse and a return from the Arden Point River overlook of West Point. Moderately paced with climbs. Bring lunch and water. Meet at Grand Central Terminal, information booth in the ticketing area at 8:25 am for the 8:47 am train to Garrison, NY, round trip. Leader: Marvin Malater 718-376-3608 for hike status and schedule information. Joint Hike. Non- members \$3.

Sun., Mar. 21 - **ROCKLAND LAKE TO NYACK BEACH STATE PARK**. 8 miles mostly flat with the exception of one hill. Lovely mountain and river views. We will walk around the breathtaking Rockland Lake and then on up to Nyack Beach State Park and along the Hudson River. This is a delightful hike. This will be followed up with walk into Nyack for dinner at a moderately priced Mexican restaurant. Fare to Rockland Lake from Port Authority (42nd St.): \$7.90. Fare from Upper Nyack to Port Authority Terminal \$8.10. Meet at near Rockland Coach ticket window on main concourse of Port Authority Terminal (42nd St.). Bring lunch/drink. Be dressed for ticks just in case. EARLY LEAVE & LATE RETURN Leader: Lynn Albin 718-743-0920 Call beginning Tuesday eve the week of hike for recorded message with details or e-mail me at nyhiker50@verizon.net any time up to the day before the hike. Joint hike w other clubs. Non-members \$3.

Sun., Mar. 21 - **BROOKLYN/QUEENS WALK-RIDGEWOOD RESEVOIR**. 5 miles. From the Bushwick section of Brooklyn to Woodhaven in Queens, we stop at Highland Park for an amble around Ridgewood Reservoir. Bring binocular for early migrants. Then on to Jamaica Avenue passing by the site where Phil Rizzuto and Babe Ruth once played (Dexter Park) and the house where *A Tree Grows In Brooklyn* was written (house is actually in Queens). Some incline gives this walk some oomph. Possible stop at landmark diner afterwards. J train to Gates Avenue and meet at McDonalds (1 ½ short blocks behind you). Meet at 11:00 am. Call to make sure walk is on. Message will be on machine the day before. Leader: Lauri Hewie 718-455-3050. Non-members \$3.

Thurs., Mar. 25 - **GREYSTONE TO ARSLEY via OLD CROTON AQUEDUCT**. 5 miles, moderate pace. Hike mostly on Old Croton Aqueduct but also on several side trails in nearby parks which are climbs. First to Untermeyer Park, then Lenior both are 150 ft. climbs both have great view point. Afterward we go north via a series of inter-connected parks & return to the OCA, finish in Hastings. Snow, ice may limit route or cancel. Trans. From GCT take 11:20 train to Greystone, arr. 11:57. Drivers park near the Greystone Sta. (Google Map: Warburton & Harriman Ave. zip 10701) (*do not park in commuter lot!*) Leader: Hal Kaplan 914-376-3156. Hike message begins Tues. at 10 A.M. Non-members \$3.

Fri., Mar. 26 – **BROOKLYN BRIDGE-CHINATOWN**. What comes in like a lion and goes out like a lamb? Let's see whether the saying is right by walking the Brooklyn Bridge and up to Chinatown for tea and ... Meet at 10:15 on the street level at subway exit. Take the A or C train to High Street in Brooklyn. Use the subway exit at the FRONT end of the station going towards Manhattan; at the REAR end coming from Manhattan. You must phone leader, Judy Mahler, 718-692-2854, day before 4 to 7 PM to confirm. No go in snow or rain. Non-members \$3.

Sat., Mar. 27 – **FLAT ROCK BROOK NATURE CENTER**. 4 miles. View ponds & gardens, walk the trails. Some ups and downs. Wear hiking boots. Bring lunch/water. Meet at GWB bus station near Red & Tan ticket windows at 9:50 to take 10:15 bus #171 to Jones Rd. Fare: \$6 / Sr. \$3.10. Joint hike. Leader: Pat O'Malley 212 924-7486. Non-members \$3.

Sat., Mar. 27 - **D & R CANAL CIRCULAR**. 8 to 10 miles flat steady pace exploring the canal on both sides. Visit Rockingham historic site, loop around Princeton Nurseries, the Cook Natural Area and Heathcote County Park. Be prepared for snow and ice. Bring lunch and water. Meet Port Authority by the white Commuter Statues at 9:30 a.m. for bus R/T to Kingston, NJ. You must call to confirm hike status, evening of Mar.26 only. Leader: Ludwig Hendel, 718-626-3983. Non-members \$3.

Mon., Mar. 29 – **MANHATTAN BRIDGE and BEYOND**. 2 miles and up. Bring lunch/water. Meet at 11:00 AM at East Broadway at exit from F train near park. Leader: Pat O'Malley 212 924-7486. Non-members \$3.

Special Offer: For a limited time, we are offering friends of our members, a 1st year membership only of \$7.

Use the contact information below. Please, this offer does not extend to current member renewals. Thank you.

~ CONTACT US ~

Please send your membership dues of \$10 per year to: The Urban Trail Conference Inc., P. O. Box 325 JAF,
New York, NY 10116-0325. Make check payable to The Urban Trail Conference Inc.

☎ 212-924-7486 (before 9 p.m.) ☎ Email: urbantrail2000@yahoo.com

🌐 Web Site: <http://www.urbantrail.org> 🌐

☞ Your club expiration date can be found on the line above your name on the mailing label of this envelope. ☞

☞ Non-members pay one day dues \$3. Members do not pay fee. ☞