



SCHEDULE OF ACTIVITIES (219)

April/May/June 2011

I understand that I participate in today's outing entirely at my own risk. The volunteer leader will try to make the event enjoyable, informative and safe, but neither The Urban Trail Conference Inc. nor its officers and leaders can be held responsible for accident or injury. The leader may reject from the outing anyone whose preparation or conduct is inappropriate. I will comply with all applicable laws.

Announcements

- Membership:** **First Year Membership only \$7. A great gift idea.** Thereafter, membership dues are \$18 for 2 years, or \$10 for 1 year. See contact information at the end of this schedule.
- New Hike Leaders Are Needed:** Why not share a favorite walk with us? Contact us before the last month of this schedule to be listed in the next schedule. Short walks and longer hikes are all welcome, and leaders get free membership plus an invitation to our annual dinner.
- Trail Maintenance:** Volunteer group and individual opportunities for trail maintenance are available through the New York/New Jersey Trail Conference. Training and equipment are provided to care for trails on which we depend for our hiking enjoyment. Try it! Easy access to trails throughout the Metropolitan area. For information contact Leigh Draper, Metro Program Coordinator: draper@nynjtc.org, 201-739-4434.



Sat., Apr. 2 - **GARRISON WOODS ROADS AND TRAILS.** 7 miles, moderate pace on hiking trails with gentle rolling hills. A long uphill at the beginning and downhill at the end, but otherwise mostly gently rolling hills with no scrambling. Call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:51 MetroNorth Hudson Line train from GCT arriving in Garrison at 11 am. Or, take the 9:40 local at the Marble Hill station (one block from the 225th St. stop on the #1 subway) changing at Croton-Harmon for the express. Please sit in the 1st or 2nd open car of the train, and please use the restrooms on the train. Out around 5 pm. Sorry, no children, no pets, no smoking. Leader: Bob Susser, **212 666-4371**; rsusser@aol.com. Members only, joint hike.

Sat., Apr. 2 - **BACK ALLEYS OF GREENWICH VILLAGE.** 4-5 miles at a moderate brisk pace. Traversing Greenwich Village searching for gated streets and small alleyways. Lots of history. Call to confirm and get meeting place and time. Leader: Mike Pollack, **718-648-3424**, lpollsnop@yahoo.com. Rain cancels. Non-members \$3.

Sun., Apr. 3 - **VAN CORTLANDT PARK - TIBBETTS BROOK PARK CIRCULAR.** 6-8 miles, moderate pace, on mostly level wooded trails with ups and downs. Hiking shoes recommended for rough sections and possible wet spots. Hike mostly the So. County Trailway (The "Old Putt" RR, right of way) & Old Croton Aqueduct. Experience spring, woodland, 2 lakes and birds in season. Bring lunch, beverage. Take the #1 local train to 242nd St. Van Cortlandt Park (last stop) and meet 11:00 a.m. near the station fare booth. You must call for hike status message the day before or email me. Leader: Victor Scelzo, **718-652-9075**, urbantrail2000@yahoo.com. Non-members \$3.

Wed., Apr. 6 - **LINCOLN CENTER & CONCERT.** 2-3 miles; mostly level terrain. See land marked district, pier on the Hudson River, and Eleanor Roosevelt. Join us for lunch at a Chinese restaurant, or bring your own lunch. We will attend a free chamber music concert at Alice Tully Hall at 1 PM. If you want to walk after the concert, we will continue through Lincoln Center to a church with magnificent mosaic floors and sculptures. Take the #1 train to 72nd Street station and meet leader in the park at the north end of the station at 10 AM. Heavy rain cancels. Leader: Bettye Soffer, **718-720-1593** to register between 7-9 PM. On day of hike, call cell **718-612-6284**. Non-member \$3.

Fri., Apr. 8 - **VAN CORTLANDT PARK.** 3 to 5 miles, some hills. Bring lunch/drink. Meet at 242nd Street subway station, last stop on #1 line, at 11:00 AM. Meet at turnstiles near fare booth. Leader: Pat O'Malley, **212- 924-7486**. You must call to confirm hike status. Non-members \$3.

Sat., Apr. 9 - **WEST BRONX SMORGASBORD.** 3 miles, mostly level, at easy-moderate pace. We will walk along a portion of the Old Croton Aqueduct, visit the Hall of Fame for Great Americans, and then go down University Avenue, the Bronx end of the High Bridge, and also a portal of a Ninth Avenue El Tunnel. Leader: Bob Ward, **718-471-7036**, after 8:00PM for details. Non-members \$3.

Sat., Apr. 9 - **MT. TAURUS.** Around 6 miles at a moderate pace. A long uphill, but rewarded with spectacular views of the Hudson Valley. Take the 9:51 MetroNorth Hudson Line train from GCT arriving in Cold Spring at 11:05. Or, take the 9:40 local at the Marble Hill station (one block from the 225th St. stop of the #1 subway) changing at Croton-Harmon for the express. Please sit in the 1st or 2nd open car of the train, and please use the restrooms on the train. Out around 4, but plan to hang around for a while afterwards for some refreshment at the Depot Cafe. Call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Sorry, no children, no pets, no smoking. Leader: Bob Susser, **212 666-4371**; rsusser@aol.com. Members only, joint hike.

Sun., Apr 10- **WHITE PLAINS, NY.** 8 miles at a steady pace, rugged terrain with many ups and downs. North on Bronx River Pathway then cross downtown White Plains to Silver Lake Preserve. White, Blue and Yellow Trails to battlefield, historic cemetery and Hermit Cave. End at White Plains Station. Bring lunch and hiking boots. Meet 9:10AM at Grand Central Terminal (42nd St.) at the information booth, to take the 9:25 train. Buy a one way to Hartsdale NY. Total cost \$15.50/ \$10 seniors. Leader: Joel Pomerantz, **212-691-3844**. Rain cancels. Non Members \$3.

Sun., Apr. 10 - **LIBERTY STATE PARK, North Side.** 3 miles, mostly level, at an easy-moderate pace. We will travel via PATH and Jersey Transit Light Rail to a walk through the northern portion of this lovely park, and return via a Hudson River Ferry. Meet leader Bob Ward in front of the turnstiles of the PATH Terminal (32 Street & Sixth Avenue) at 11:00AM. Leader: Bob Ward, **718-471-7036**, after 8:00PM, for details. Non-members \$3.

Sun., Apr. 10 – (11:15 am) **PRE-TAX SINGLES WALK AT THE NEW SUFFOLK COUNTY ENVIRONMENTAL CENTER-SCULLY-ISLIP, NY.** This year file status 1(single) next year status 2 (married)? Please join Seatuck Environmental Association and other hiking groups on a moderately paced hike through several types of habitats. After a lunch break we can go to the South Shore Nature Center for another walk. Directions by car: At Town Hall (traffic light) on Main St. (Rte. 27A) turn onto South Bay Ave. The entrance to the Environmental Center is almost exactly one mile south of Main Street on the RIGHT (550 South Bay Ave). Park in the main parking lot on your left LIRR. I will meet the train at Islip (arrives ~ 10:30). Please let SEA know that you will be coming by train. Since this is a Suffolk County Park, there is a moderate fee. Members of the hiking group pay the reduced 'member' rate. Rain will cancel. For reservations please call SEA at (631) 581-6908 or visit <http://www.seatuck.org>. Bring liquid and lunch. Hiking boots not required (but not a bad idea if muddy trails). NO GO in bad weather. Leader: Joanne Tow, cell **516-503-3069** to be used ONLY if lost. Non-members \$3.

Sun., Apr. 10 - **GARRISON-ARDEN POINT & SUGAR LOAF SOUTH.** 7 miles, moderately paced hike. We use the Blue trail which eliminates the road walking to Sugar Loaf South. A short lunch at the Sugar Loaf view point, then back to Arden Point with its Hudson River views for a second short lunch. Afterward a water break at the northern viewpoint, then back to Garrison Landing. Inclement weather cancels. Transportation: Take 10:52 AM train from Grand Central Terminal to Garrison (Hudson Line arrives 11:58. Check schedule). Drivers park/meet at commuter lot at noon. Directions via Google map: Lower Station Rd zip 10524. Leader: Hal Kaplan, **914-376-3156**. Hike status message on answering machine, beginning Sat. AM. Non-members \$3.

Tue., Apr. 12 – **SOUTH MOUNTAIN RESERVATION.** 8 miles. Woods road and forest trails, along stream at times. A couple hills. Pebbly paths at times. Lunch at Hemlock Falls. Bring food and drink. Meet 10:30 AM at the NJ Transit ticket windows in NY Penn Station, near 7th Ave, to take the 10:53 AM train to Milburn, NJ. Check current schedule. Bring lunch/water. Fare: approx. \$11.25 RT/srs \$6. You must call to confirm hike status. Leader: Pat O'Malley, **212- 924-7486**. Non-members \$3.

Sat., Apr. 16 - **FAHNESTOCK.** Around 8 miles at a moderate pace. Various trails through woods and high-level meadows with alpine-like vistas. Out around 5 PM. Call or preferably email me beforehand to make sure that the hike is on and if you need or can offer a ride from NYC. Take the 9:51 MetroNorth Hudson Line train from GCT arriving in Cold Spring at 11:05. Or, take the 9:40 local at the Marble Hill station (one block from the 225th St. stop of the #1 subway) changing at Croton-Harmon for the express. Please sit in the 1st or 2nd open car of the train, and please use the restrooms on the train. Out around 5, but plan to hang around for a while afterwards for some refreshment at the Depot Cafe. Sorry, no children, no pets, no smoking. Leader: Bob Susser, **212 666-4371**; rsusser@aol.com. Members only, joint hike.

Sat., Apr. 16 - **GARRISON TO MANITOU.** 9 miles at a moderate pace with forested, rolling hills with climbs. A linear hike along one of the Osborn Loops connecting into the Appalachian Trail, where it descends from Canada Hill into Manitou. At Manitou, we follow Mystery Point Road northward for an extended shore view. Return is from the Manitou Nature Preserve trails back to Manitou Station for the 5:10 PM train. Bring lunch and water. Meet at Grand Central Terminal information booth in the ticketing area before 8:25 AM to take the 8:47 train, round trip to Garrison, NY, arriving 9:54. Leader: Marvin Malater, **718-376-3608** for hike status and schedule. Non-members \$3.

Sat., Apr. 16 - **CONNECTICUT NATIONAL PARK.** 10 miles, steady pace, many ups and downs. Visit Weir Farm, the only National Park in Connecticut, and Woodcock Nature Center. Walk on country roads and trails. Bring lunch and water. Meet at Grand Central Terminal Information booth at 7:45 AM. Fare: \$20/seniors ½. Leader: Ludwig Hendel, **718-626-3983**. Call to confirm Friday, April 15, in the evening only. Joint hike. Members only.

Sat., Apr. 16 - **BAY RIDGE TO SHEEPSHEAD BAY.** 8 miles at a moderate brisk pace. Walking along the path along the Narrows, we will pass mansions & historical homes. Taking to the streets at Bay Parkway, we will visit historical Gravesend with 17th century homes and graveyards: ending at Sheepshead Bay. Call for meeting place and time. Rain cancels. Bring/buy lunch. Leader: Mike Pollack, **718-648-3424**, lpollsnop@yahoo.com. Non-members \$3.

Sun., Apr. 17 – **EAST VILLAGE.** Approx. 2-3 miles at an easy pace. Architectural sights and eat after walk at a restaurant. Meet 1 PM at Starbucks at Aster Place and Lafayette St. Rain Cancels. Leader: Joan Mendelson, **973-230-0761**. Call before 10PM. Non-members \$3.

Sun., Apr. 17 – **BRANCH BROOK PARK (New Jersey).** 4 miles, some hills. Take A, C, E, #2 or #3 train to World Trade Center stop in Manhattan. Meet at the turnstiles to the PATH trains at 11:00 AM, to take PATH train to Newark, NJ. We then take the Newark subway. Take 10 one-dollar bills. You must call to confirm hike status. Leader: Pat O'Malley, **212- 924-7486**. Non-members \$3. Joint hike.

Wed., Apr. 20 - **STONE BARN AND ROCKEFELLER PRESERVE.** 6 miles at a moderate pace. Some ups and downs. We'll walk around Rockefeller Preserve and then go over to Stone Barns where we'll have lunch or you can buy something at their café. Meet at Grand Central Station by the information booth to take the 9:20 train to Phillipse Manor, arriving at 10:12. Check schedule for any possible changes. This train can also be boarded at Marble Hill at 9:40. Leader will be boarding at Marble Hill. Fare round trip: \$12/18 (Grand Central); \$4.50/9 (Marble Hill). Rain cancels. Leader: Pat Belanoff, **212- 568-2052**. Call after Sunday: no calls after 9:30 pm. Non-members \$3.

Sat., Apr. 23 – **TACKAPAUSHA PRESERVE**. 5+ miles. We will walk all three parts of the Preserve, south of Sunrise, North of Sunrise, and North of Clark Blvd. Slow pace. No go in rain or extreme weather. **Train Directions:** Take 11:05 LIRR Train from Penn Station. Arrive at 12:06 at Seaford. Leader will pick you up and drive/walk with you a short distance to hike start point at 12:30 at Tackapausha Museum. **Driving Directions:** Oyster Bay Expressway (Rt 135), East on Merrick Rd, for about half mile, turn left on Jackson Ave. Museum entrance and parking lot on right, in about quarter mile. Leaders: Ken King **631-991-8170**, nhochike@optonline.net and Phyllis Spisto, **516-547-0497**. Non-members \$3.

Sat., Apr. 23 - **ANNUAL DOGGIE HIKE IN FOREST HILLS PARK, Queens**. 3 easy miles, stroll. Bring your favorite dog. Humans without dogs also welcome but dogs must have an escort to attend. See old, tall trees on wide trails. No smoking on trips. Meet at 1:30 PM at the corner of Queens Blvd. & Kew Gardens Road by the #10 bus stop. Take the E or F train to Union Turnpike, front car. Leader: Mayer Wiesen, **516-671-2095** until 10:30 pm. Joint hike. Non members \$3.

Sun., Apr. 24 - **SOUTH MOUNTAIN, MILBURN, NJ**. 8 miles, no drop offs. Wear hiking boots for forest trail walk. Many ups and downs, not flat. Sometimes muddy and rocky. Several brook crossings. Bring lunch and water. Call for time of NJ transit trail from Penn Station. Meet on train station. Judy, **718 482 9659**. No calls after 10 pm. Non-members \$3.

Mon., Apr. 25 – **SOUTH BEACH, Staten Island**. 5 to 6 miles on easy terrain. Shore hike on beach and boardwalk. Wear hiking boots or sneakers if not icy. Scenic coastal views throughout the walk. Bring lunch and water. Meet at 10:15 am in the Staten Island Ferry Terminal waiting area – Manhattan side. Metro card fares apply (ferry is free). Leader: Ray Krant, **718-435-4994**. Call to confirm hike status. Non-members \$3.

Thur., Apr. 28 – **GROUNDS for SCULPTURE**. 2 miles within Grounds with some hills and stairs. New art, plants, water, indoors and outdoors. Multiple visual surprises at every step. Bring lunch or buy at café. Meet at NJ Transit ticket windows in Penn Station near 7th Ave entrance, at 9:45AM, for 10:00 train to Hamilton, NJ. Fare: approx \$30/ \$13.50 srs Round Trip, plus 65 cents (each way) for 2-mile bus fare. Admission \$10/\$8 seniors. You must call to confirm hike status. Leader: Pat O'Malley, 212- 924-7486. Non-members \$3.

Sat., Apr. 30 - **HISTORIC CHELSEA with options to extend to High Line & Art Galleries**. Meet at 11:30 am, before lunch. 3+ miles, easy pace. Stroll through Historic Chelsea with its 19th century buildings, Chelsea Market, notable houses of worship, notable new buildings, Chelsea Pier. High Line begins at W. 20th St. and past 10th Ave, running south. Buy lunch at Chelsea Market, or you can bring your own. Meet 11:30 am at 14th St. and 8th Ave., NW corner. Take A, C, E train to 14 St. and 8th Ave; or L to 8th Ave. Leader: Susan B., **718-275-7654** (before 10 pm). Call to confirm if hard rain is predicted. Joint walk. Non-members \$3.

Sat., Apr. 30 - **MASSAPEQUA GREENBELT & PRESERVE**. 5+ miles. We will hike at a slow pace north on the Nassau Greenbelt north and/or newly refurbished bike path to enjoy the beautiful new plantings, streams and lakes, from Massapequa RR to just south of the Southern State Parkway, then return on the dirt road on the west side of the preserve, for easier walking. Trail can be muddy and has lots of roots sticking out; wear hiking boots. No go in rain or extreme weather. **Train Directions:** Take 11:35 train from Penn Station. Arrive at 12:37 at Massapequa. Leader will meet you at Waiting Room, for very short walk to hike start point, just east of LIRR Waiting Room. **Driving Directions:** Oyster Bay Expressway (Rt. 135), East on Sunrise Highway, north on Broadway (just west of RR Station). Turn right at first light, just north of tracks, to where road ends in two blocks and turns left, go straight into parking lot. Park at southeast corner of lot. Leaders: Ken King, **631-991-8170**, nhochike@optonline.net and Phyllis Spisto, **516-547-0497**. Non-members \$3.

Sun., May 1 - **MID-SPRING GREENBELT HIKE**. **5-6 MILES** Spring flowers will be blooming. Bring lunch and beverage. Pace will be leisurely. Take #1/R train to Whitehall, 4/5 to Bowling Green. Allow sufficient time to take the 10:30 AM ferry from Manhattan to Staten Island, using restroom facilities before you get to Staten Island so we can leave promptly. Meet leader at train station steps in rear of the terminal. Drivers and those not coming from Manhattan may call for directions. Metrocard - 2 fares. Rain cancels Leader: Bettye Soffer, MUST call 718-720-1593 Saturday between 7-9 PM to confirm and register. On day of hike, call 718-612-6284.

Sun., May 1 - **LAKE WELCH**. A delightful getaway in an area not often explored. We'll be guests of the SBM, LP, and Beech trails. Around 8 miles at a moderate pace. No need to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:14 AM Jersey Transit train from Penn Sta., changing at Secaucus for the 9:31 Port Jervis train to Sloatsburg, arriving at 10:12. Or, take the 9:10 ShortLine bus from PABT arriving in Sloatsburg at 10:07. Out in time for the 4:28 train back to Penn Station. Sorry, but no children, no pets, no smoking. Leader: Bob Susser, **212 666-4371**; rsusser@aol.com. Non-members \$3.

Wed., May 4 - **RICHMOND TERRACE & STATEN ISLAND BOTANICAL GARDEN**. 4 miles. Bring lunch/water. Meet in waiting room of SI Ferry terminal (Manhattan side) to take 11:00 AM ferry. Walk to and from Garden or extend walk into Silver Lake and Clove Lake Parks, then bus back to ferry. You must call to confirm hike status. Leader: Pat O'Malley, **212- 924-7486**. Non-members \$3.

Sat., May 7 - **WOODLAWN CEMETERY & Optional walk afterward**. Approx. 3 or 5 miles, moderate pace with many stops at selected sites. Drop out points available. Mostly on paved walkways with ups and downs. We will enjoy visiting the many famous and interesting people residing at Woodlawn Cemetery: our secret city in the Bronx. Lunch at Woodlawn Lake, weather permitting. Afterward, optional walk down the Bx. River Pathway or Woodlawn neighborhood. Bring lunch and sufficient liquids. Take the #4, Lexington Ave. express to Woodlawn, the last stop. Meet downstairs, next to pizza shop, at 10:30 AM. Steady rain cancels. Leader: Victor Scelzo, **718-652-9075**. You must call or email for hike status starting the day before the hike, urbantrail2000@yahoo.com for hike status. Steady rain cancels. Non-members \$3.

Sun., May 8 - **ROCKEFELLER STATE PARK PRESERVE**. Bring your mother on this leisurely stroll of around 6 miles along some of the shady carriage paths and intimate wooded lanes with panoramic vistas which characterize this beautiful preserve. (*Please note: this is not a "hike" and is obviously not designed for those looking for aerobic exercise.*) Take the 10:20 Metro North Hudson Line train from Grand Central, arriving in Philipse Manor at 11:12. This train may also be boarded 10:40 at the Marble Hill station, one block from the 225th St. stop on the #1 subway. Please sit in the first or second car of the train. No need to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Sorry, but no children, no pets, no smoking. Leader: Bob Susser, **212-666-4371**; rsusser@aol.com. Non-members \$3.

Tue., May 10 - **BROOKLYN BOTANIC GARDEN: Cherry Blossoms**. 1 or 2 miles. Can be extended into Prospect Park. Bring lunch or buy it in Garden. Take #2 or #3 train to Eastern Parkway. Meet at token booth at 11AM. Admission free. Leader: Pat O'Malley, **212-924-7486**. Non-members \$3.

Wed., May 11 - **BRONX ZOO**. 3 miles. A slow-paced, steady walk through one of the oldest zoological gardens in America. We plan to visit at least three major exhibit areas. Admission to zoo is free or contribute what you wish. Bring lunch beverage and your camera. Meet on the SW corner of Bronx Park South and Boston Road. Take the #2 train to West Farms Sq.-East Tremont Ave. (177th St.). Leader: Bob Ward, **718-471-7036** after 8 PM. Call to confirm the week before the hike. Joint hike. Non-members \$3.

Thur., May 12 - **SMITHTOWN TO RONKONKOMA**. 6 miles, mostly flat at a moderate pace. Meet at Penn Station/34th St. in the LIRR ticketing area at the latest 9:00 am to take the 9:15 am train to Smithtown (change at Hicksville), arriving at 10:48 am; we'll return from the Ronkonkoma station. Check the LIRR train schedule for any possible change. Boots are best as the path can be muddy in places. Bring lunch and water. Fare round trip \$15/21.50. Rain cancels. Leader: Pat Belanoff, **212-568-2052**. Call after Monday; no calls after 9:30 pm. Non-members \$3.

Sat., May 14 - **GARRISON, NY AND EAST HUDSON HIGHLANDS**. 11 miles moderate pace with climbs. Sugarloaf Hill South, the Appalachian Trail into the Curry Pond traverse and a return from the West Point lookout at Arden Point Forested, rolling hills on leaf and pine strewn trails. Bring lunch and water. Meet at Grand Central Terminal information booth in the ticketing area before 8:25 AM. Depart at 8:47 to Garrison, NY (round trip); arriving 9:54. Leader: Marvin Malater, **718-376-3608** for hike status and schedule. Joint hike. Non-members \$3.

Sat., May 14 - **BRIARCLIFF-PEEKSKILL TRAIL and the OLD CROTON AQUEDUCT**. 14 moderate miles. Enjoy a woods walk in the Blue Mountain Reservation with lunch overlooking the Hudson River on Mount Spitzenburg. Finish in Ossining. See the Croton Reservoir with its waterfall. Tour the northern part of the Old Croton Aqueduct. No smoking on trip. Bring lunch and water. Return to Grand Central about 7-8 pm. Meet at Grand Central Terminal, 42nd St., Upper Level Information Booth at 8:20 AM (to take the 8:47 AM train). Fare: \$17 / seniors ½ (round Trip). Leader: Mayer Wiesen, **516-671-2095** until 10:30 PM. Joint hike. Non-members \$3.

Sat., May 14 - **LOWER EAST SIDE - South St. Seaport to west 14th St.** Approx. 3 to 4 miles on city streets. Walk through ethnic Polish, Jewish and Ukrainian neighborhoods. Bring lunch and beverage. Meet 11:00 a.m. at Fulton Street and Water Street, as you enter the South Street Seaport area. Leader: Sal Varbero, **718-420-9569**. Call between 8 and 10 PM to confirm. Non-members \$3.

Sun., May 15 - **SOUTH ORANGE, New Jersey**. Easy walk, 2-3 miles. Visit homes and Seton University. Bring lunch, beverage and eat at park at Ivy Hill. Take the 11:11 AM, New Jersey Transit at Penn Station direction Dover to South Orange (arriving 11:47 AM) and meet on the platform. Rain Cancels. Fares: approx. \$12 round trip/seniors \$6. Leader: Joan Mendelson, **973-230-0761**. Non-members \$3.

Sun., May 15 - **North, CENTRAL PARK TREE WALK**. Relaxed stroll along northern Central Park "tree trail" described in the book "New York City Trees" by Ned Barnard. Both tree experts (whose assistance will be much appreciated) and complete beginners are cordially welcome. Note the "window shopper" pace, so if you are in a hurry or expect to get a lot of exercise, this walk is not for you. Meet at 10:30 am at the NW corner of 84th Street and 5th Avenue. Walk ends around 3:00 pm so bring lunch. You must email or call me to confirm that walk will take place. Leader: Bob Susser, **212-666-4371**; rsusser@aol.com. Non-members \$3.

Sun., May 15 - **GARRISON CIRCULAR: SUGARLOAF SOUTH & ARDEN POINT**. 7 miles at a moderate steady pace on hikes trails. Moderate ups and downs. Lunch at view point & 2nd lunch at Arden Point on the Hudson shore. Transportation: Take the 10:52 AM Hudson Line train from Grand Central Terminal to Garrison, arriving at noon. Drivers park/meet in commuter lot. Hike message on answering machine beginning Sat. 9 a.m. Leader: Hal Kaplan, **914-376-3156**, or kapko@optonline.net. Non-members \$3.

Mon., May 16 - **HACKENSACK MEADOWLANDS ENVIRONMENTAL CENTER**. 6 miles, town & country, with some hills. Return along a very lightly traveled road with marsh (phragmites) on both sides. Bring lunch/beverage. We will walk the trails through the marsh. Meet 11:10 AM at Port Authority Bus Terminal (40th St building, near Commuter Statues) to take the 11:30 DeCamp bus 99 to Noel Drive (N. Arlington). We'll return from CHUBB on NJ Transit Bus #192. RT fare about \$10/Seniors \$4.00. Admission: \$2. You must call to confirm hike status. Leader: Pat O'Malley, **212-924-7486**. Non-members \$3.

Sat., May 21 - **CITY ISLAND, ORCHARD BEACH**. 6 to 8 miles at a moderate pace, with ups and downs. Walk from Pelham Bay Park to City Island, a quaint fishing village in the Bronx. Lunch on City Island at an outdoor water front cafeteria, or bring your own lunch. Then on to Orchard Beach and the Nature Center. The walk will start at Pelham Bay and return to the same place. Leader: Leonard Morgenstern, **917-842-9490** any time (24/7) starting 72 hours prior to the walk, for meeting place and time. Non-members \$3.

Sat., May 21 - **N.Y. UNIVERSITY BUILDINGS, WASHINGTON SQUARE CAMPUS and PERIPHERY**. 3 miles, at an easy pace. NYU occupies an historic area. Meet at 12:30 pm, after lunch, at Black Cube on Astor Place (8th St. - 4th Ave.) opposite Starbucks. Use rest rooms at Starbucks. Take Trains N, R to 8th St., or #6 to Astor Place, or E, F to 8th ST. and walk east. Call if hard rain is predicted. Leader: Susan B., **718-275-7654** before 10 pm. Joint walk. Non-members \$3.

Sat., May 21 - **JERSEY CITY TO HOBOKEN**. 10-12 miles, steady pace, mostly flat terrain. Starting in South Jersey City explore Port Liberte, South Cove of Liberty State Park and trails. Then proceed to waterfront esplanade in Hoboken. Bring lunch and water. Meet 9 AM on corner of 33rd street and 6th Ave. at the PATH train entrance. Fare: Approx. \$4. Leader: Ludwig Hendel, **718-626-3983**. Call to confirm on Friday, May 20, in the evening only. Members only.

Sat., May 21 - **BATTERY TO GRAND ARMY PLAZA**. 8-9 miles at a moderate brisk pace. Visit historic Dutch NY, over the bridge to Dumbo, Brooklyn Heights, Clinton Hill ending at Grand Army Plaza. Rain cancels. Call for meeting time and place. Mike Pollack, **718-648-3424**, lpollsnop@yahoo.com. Non-members \$3.

Sun., May 22 - **TAUKAPAUSHA NATURE PRESERVE**. 3 miles and then about 4 miles more. Drop off. Take LIRR to Seaford. Meet downstairs. Call for time. Flat trail walk thru forest area. Can be muddy so wear hiking boots. Bring lunch and water. At lunch time, possible visit to small museum for small entrance fee. Judy, **718 482 9659**. No calls after 10 pm. Non-members \$3.

Sun., May 22. **South, CENTRAL PARK BIRD WALK** Relaxed stroll along southern Central Park "tree trail" described in the book "New York City Trees" by Ned Barnard. Both tree experts (whose assistance will be much appreciated) and complete beginners are cordially welcome. Note the "window shopper" pace, so if you are in a hurry or expect to get a lot of exercise this walk is not for you. Meet at 10:30am at the NE corner of 85th Street and CPW. End around 3:00pm, so bring lunch. Email or call to confirm that walk will take place. Leader: Bob Susser, **212-666-4371**; rsusser@aol.com. Non members \$3

Fri., May 27 - **PRESBY IRIS GARDENS**. One mile can be extended to about 3. Meet at Port Authority Bus Terminal to take 11:30 AM DeCamp bus 66 to Valley Road @ Laurel Place in Montclair, NJ. Fare: Approx. \$6.50/\$3.25 seniors. *Buy one-way ticket; return will be on the train. You must call to confirm hike status.* Leader: Pat O'Malley, **212- 924-7486**. Non-members \$3.

Fri., May 27 - **BLYDENBURGH COUNTY PARK**. 5 miles at a modern pace, some ups and downs. Meet at Penn Station/34th St. in the LIRR ticketing area, at the latest 9:00 am to take the 9:15 am to Smithtown (change at Hicksville), arriving at 10:48 am; return will be from the same station. We'll walk around Blydenburgh Lake and view the ducks and turtles. Bring lunch and water and wear boots as the trail can be muddy in spots. Fare round trip: \$16/23.50. Rain cancels. Leader: Pat Belanoff, **212 568-2052**. Call after Tuesday. No calls after 9:30 pm. Non-members \$3.

Sat., May 28 (Memorial Day Weekend) - **AIR SHOW AT JONES BEACH**. (Jones Beach - 516-785-1600). 8:45 AM. Call Jones Beach to determine if show will be cancelled because of weather. Bring chair or blanket to sit on at the beach to watch the air show. After the show ends, approx. 3 P.M., we will walk the boardwalk and enjoy the exhibits and displays. Meet parking lot 4, southeast side by benches, at the east tunnel leading to the center mall (flags). There is a bus/LIRR package. Ask bus driver to let you off at the Center Mall. Follow the path toward the flags, and then take the path on your right. This path will turn, and lead to the tunnel going under the road; this tunnel leads to the SE side of parking lot 4. Parking fee (\$\$\$00) will be collected, free with Empire Pass. Can wear shorts or swimsuit; bring lunch, liquid, sunscreen, sun-hat, sunglasses, and binoculars. If you plan on arriving late, please let me know so that I can attempt to leave space for you. The beach gets very crowded very fast. FYI the show is also Sunday. If lost the day of the show, call Joanne's cell, **516 503 3069** (will only be active the day of the hike). After the fun on the South Shore, there may be a great fireworks display on the North shore. If so, we will head there (after stopping for dinner). Arriving early will give us time to visit some really interesting architecture, or just hang out on the beach, after getting a prime parking and viewing spot. Those that came by train will be dropped off at the LIRR after the fireworks. Leader: Joanne Tow, home **516- 931 2073**. Non-members \$3.

Sat., May 28 - **BRONX BOTANICAL GARDEN**. Roses, tulip trees, forest walk and optional visit to conservatory. (*Please note: this approximately 4-mile walk is not a "hike" but simply a garden visit, and is obviously not designed for those eager to get aerobic exercise.*) Take the 10:23 Harlem Line train from Grand Central, arriving at the "Botanical Garden" Station at 10:42. Fare OW \$3.75 with "City Ticket." Alternatively, take the 4 or D subway to "Bedford Park Blvd." and then the #26 bus east to the Mosholu Gate entrance -- or, the 2 subway to "Allerton Ave." and then the #26 bus west to the entrance. Meet just inside the Mosholu Gate at 10:45. Admission to the Garden is free on Saturdays until noon. Conservatory admission: \$10/Srs.\$9. If driving, park in the lot by the station (\$10) or on a nearby street. No coordination of rides. Visit will end by 3, but you're free to leave earlier or stay later. No need to register, but you must call or preferably email me beforehand to make sure that the visit is on. Bring lunch and beverage, or buy it in the cafeteria. Sorry, but no pets; no smoking. Leader: Bob Susser, **212-666-4371**; rsusser@aol.com. Non-members \$3.

Sun., May 29 - **ROCKEFELLER STATE PRESERVE**. 6 to 8 miles, on carriage paths at a moderate pace. Be prepared for substantial ups and downs. Wear sturdy foot wear. Walk this beautiful forest with lake, river and streams. Bring lunch and water, snack bar may not be available. NO drop-off points. Take the 10:20 a.m. MetroNorth Hudson Line train from Grand Central, arriving in Philipse Manor at 11:12 where the leader will meet you. (RT fare: \$18 / \$12 seniors). This train may also be boarded 10:40 at the Marble Hill station, one block from the 225th St. stop on the #1 subway (RT fare: \$9/ \$4.50 seniors). Ask the trainman in which car to sit for exit at Philips Manor. You must call or email to find out hike status starting one day before hike. Leader: Victor Scelzo, **718-652-9075**, urbantrail2000@yahoo.com. Non-members \$3.

Mon., May 30 - **HASTINGS TO TARRYTOWN**. 5 to 6 miles on easy terrain. Hike on the Croton Aqueduct in Westchester Co. Bring lunch and water. Meet in Grand Central Terminal (42nd St.) near the information booth at 11 am. Fare: Round trip, approx. \$10 / \$7.50-seniors. Leader: Ray Krant, **718-435-4994**. Call to confirm hike status. Non-members \$3.

Tue., May 31 - **ALICE AUSTIN HOUSE & VON BRIESEN PARK & FT. WADSWORTH**. 1-5 miles (Can take return bus after each destination). Meet in waiting room of Staten Island Ferry Terminal to take 11:30 AM ferry, then S51 bus on SI to Hylan Blvd. Fares: MetroCard. Admission \$8/\$4 seniors. You must call to confirm hike status. Leader: Pat O'Malley, **212- 924-7486**. Non-members \$3.

Sat., Jun. 4 - **DUKE ISLAND CIRCULAR**. 8 miles, at a steady pace, flat terrain. Hike the Raritan Power Canal from Raritan to Duke Island Park, returning along the Raritan River. Bring lunch and water. Meet 8:45 AM, NY Penn Station at the New Jersey Transit ticket office. Fare: R/T \$28 / seniors ½. Leader: Leader: Ludwig Hendel, **718-626-3983**. Call to confirm on Friday, June 3, in the evening only. Members only.

Sat., Jun. 4 - **A NATIONAL TRAILS DAY DOUBLE HEADER**. 2 and 3 miles. We offer a choice of two walks. **(#1)** A moderate steady paced walk through a necklace of parks, starting at Central Park and ending at Highbridge Park. Meet 10:30AM, at the SE corner of Central Park West & 110th St. Leader: Pat O'Malley, Call to confirm hike status, **212-924-7486** (before 8 PM). **(#2)** At a slightly slower but steady pace, walk south from Fort Tryon Park to Highbridge Park. Take the "A" train to 190th St. station, and meet outside station at 11AM. Leader: Bob Ward, **718-471-7036**, after 8:00PM for details. For both hikes bring lunch and beverage. A tee shirt will be given. This event is a service of City Living is Moving Bodies (CLIMB)--a project of the Mailman School of Public Health of Columbia University.

Sun., Jun. 5 - **RIVERSIDE PARK AND OVER GW BRIDGE and back**. About 6 miles. Possible scouting hike. Paved trails, some sidewalks along park. Possible extension. Meet at 72nd Street & Riverside Drive--park entrance near benches --at 10:30 am. Call for more details. Bring lunch and water and sunscreen. Judy, **718 482 9659**. No calls after 10 pm. Non-members \$3.

Thur., Jun. 9 - **GRACIE MANSION-EAST RIVER To FULTON FERRY LANDING**. Drop-off points en route. Meet at 10:30AM at East 86th St & York Ave. South-East corner. Visit Carl Schurz Park then follow the river path. Bring lunch and beverage. You must call to confirm hike status. Leader: Pat O'Malley, **212-924-7486**. Non-members \$3.

Sat., Jun. 11 - **WALL STREET to SOUTH STREET SEAPORT**. 3+ miles, easy pace. Wall St. area, then north to South St. Seaport, looking at historic district whose future may be uncertain. You can buy or bring your own food at the Seaport. Meet 11 A.M. before lunch in front of Museum of American Indian at Bowling Green. Take #4, 5 train to Bowling Green; #1 to South Ferry; R,W to Whitehall (near So. Ferry). Bring sunhat, liquids. Call if hard rain is predicted. Leader: Susan B., **718-275-7654**, before 10 pm. Joint walk. Non-members \$3.

Sat., Jun. 11 - **BROOKLYN REBOUNDS**. 6 miles, moderate pace. Explore the re-emerging neighborhoods of Fort Green and Clinton Hill – See the Prison Ship Martyr's Monument, BAM and churches. Bring lunch and water or buy at Pratt Institute. Continue through Prospect Heights and Prospect Park. Optional light meal at Tibetan Café. Meet 11 AM at McDonald's near Flatbush & Fulton Avenues. Take the #2, 3 or 4 to Nevins St. or the Q or R train to DeKalb Ave. Leader: Cricket Giese Parker. You must call to confirm **212-924-2171**. Joint hike. Non-members \$3.

Sun., Jun. 12 - **SCENIC FIRE ISLAND TOUR**. Visit Pines, Cherry Grove and Sunken Forest for lemonade, swimming and showers at AMC Camp at Atlantique. Moderate pace, sand may be soft. Take 9.22 A.M. train from NY Penn Station, arriving at Sayville 10.49 A.M. and meet group at the station. Return by ferry to Bayshore. Call leader to confirm walk will take place and for mileage information. Leader: Frank Bamberger, **718 457 5159**; fbamberger@nyc.rr.com. Non-members \$3. *NOTE: This walk takes place again on June 19.*

Sun., Jun. 12 - **JOHNSONTOWN CIRCULAR**. An approximately 7-mile moderately-paced ridge walk on the Blue Disc and other trails, passing by Lake Skenanto with its oceans of mountain laurel (now at their peak). Out around 4 PM. No need to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:14 Jersey Transit train from Penn Sta., changing at Secaucus for the 9:31 Port Jervis train to Sloatsburg, arriving at 10:12. Or, take the 9:10 ShortLine bus from the PABT arriving in Sloatsburg at 10:07. Out in time for the 4:28 train back to Penn Sta. Sorry, but no children, no pets, no smoking. Leader: Bob Susser, **212 666-4371**; rsusser@aol.com. Non-members \$3.

Sun., Jun. 12 - **LIBERTY PARK -JERSEY CITY,NJ**. 9 miles. Enjoy a day at Liberty Park with its breathtaking views of NYC. A real treat. Dinner at a diner either inside or outside the park afterwards. Dress for strong sun!! Late return. Meet at turnstiles at 32nd St. & 6th Ave. Path Station for train to Grove Street. Fare \$1.50 each way. Leader: Lynn Albin, **718-743-0920**. Call beginning Wednesday eve (until 9:30PM) the week of hike for recorded message with details or e-mail at nyhiker50@verizon.net up to afternoon the day before the walk. Joint hike with other clubs. Non-members \$3.

Tue., Jun. 14 – **OWL'S HEAD PARK & Paved walkway to VERRAZANO BRIDGE**. 3 miles. Brief forest walk, then along river. Meet at 4th Ave & 68th St, SW corner at 1:00 PM, after lunch. Take "R" train to Bay Ridge Ave. stop at 69th St and 4th Ave. You must call to confirm hike status. Leader: Pat O'Malley, **212- 924-7486**. Non-members \$3.

Sat., Jun. 18 - **GARRISON N.Y.-Trees and Trails**. 9 miles, moderate pace with several climbs. Forested, rolling hills on varied terrain. A potpourri of sights and vistas inclusive of an initial climb. Carriage and wood roads, a steeper climb or descent on a section of the Appalachian Trail. If time allows, a stop at the West Point overlook, at Arden Point. Bring lunch and water. Meet at the Grand Central Terminal information booth in the general ticketing area before 9:25 AM. Depart at 9:52, round-trip to Garrison, NY, arriving 10:58. Leader: Marvin Malater, **718-376-3608**, for hike status, schedule and information. Joint hike. Non-members \$3.

Sat., Jun. 18 - **FAHNESTOCK**. Various trails through woods and high-level meadows with a profusion of wildflowers and alpine-like vistas. Approximately 8 miles at a moderate pace. Out around 5 PM. No need to register, but you must call or preferably email me beforehand to make sure the hike is on, and if you need or can offer a ride from NYC. Take the 9:45 train from GCT arriving in Cold Spring at 11:00. This train may also be boarded 9:40 at the Marble Hill station (one block from the 225th St. stop on the #1 subway), with a change at Croton-Harmon for the express. Please sit in the first or second open car of the train. Sorry, but no children, no pets, no smoking. Leader: Bob Susser, **212 666-4371**; rsusser@aol.com. Non-members \$3.

Sat., Jun. 18 - **LOWER EAST SIDE TO CHELSEA**. 7 miles at a moderate brisk pace. Visiting Jewish NY of the 1900's, East and West Village, High Line, ending in Madison Square. Rain cancels, call for meeting time & place. Leader: Mike Pollack, **718-648-3424**, lpollsnop@yahoo.com. Non-members \$3.

Sun., Jun. 19 - **SCENIC FIRE ISLAND TOUR**. Visit Pines, Cherry Grove and Sunken Forest for lemonade, swimming and showers at AMC Camp at Atlantique. Moderate pace, sand may be soft. Take 9.22 A.M. train from NY Penn Station, arriving at Sayville 10.49 A.M. and meet group at the station. Return by ferry to Bayshore. Call leader to confirm walk will take place and for mileage information. Leader: Frank Bamberger, **718 457 5159**; fbamberger@nyc.rr.com. Non-members \$3.

Sun., Jun. 19 - **SCENIC CONNECTICUT**. 7 miles, moderate steady pace. Road Walk, Southport back to Westport. One of the most scenic areas of the Connecticut shore. The road mostly hugs the shoreline & there are several beaches at which we make stops (no swimming). From Grand Central Terminal 42nd Street take the 12:07 PM New Haven Line to Southport (arrives 1:16 pm) Drivers park in Westport commuter lot & board 1:11 PM New Haven bound & exit at Southport (arrives 1:16 PM). For Mapquest directions use 2 Ferry La. Zip 06880. Leader: Hal Kaplan, **914-376-3156**. Hike Message beginning 9 AM Saturday or email kapko@optonline.net. Non-members \$3.

Wed., Jun. 22 - **THE NEW YORK BOTANICAL GARDEN (Peak of Rose Blooms)**. Take 10:23 AM Metro North, Harlem Line train to New York Botanical Garden, OR #4 train or "D" train to Bedford Park Blvd. You can walk east 7 blocks, or take the bus # 26 (eastbound) on Bedford Park Blvd. The bus stops at the Mosholu gate. Meet at Mosholu gate at 11:00 AM. Admission to grounds is free. First walk a couple of miles then choose to leave or pay admission to the Conservatory. You must call to confirm hike status. Leader: Pat O'Malley, **212- 924-7486**. Non-members \$3.

Thur., Jun. 23 - **RONKONKOMA TO BAYARD CUTTING ARBORETUM: on the Long Island Green Belt**. 6 miles at a moderate pace. Terrain is almost all flat, but boots are best because the trail can be muddy in places. We'll walk through Connetquot State Park, look at the fish hatcheries there, and end up at Bayard Cutting Arboretum where we can get tea/coffee. Meet at Penn Station/34th St. in the LIRR ticketing area, at the latest 9:00 am to take the 9:15 am train to Ronkonkoma: arriving at Ronkonkoma 10:37 am (check schedule for any changes). Return from the Great River LIRR station. Fare round trip: \$21.50 / \$15 seniors. Rain cancels. Leader: Pat Belanoff, **212- 568- 2052**. Call after Monday: no calls after 9:30 pm. Non-members \$3.

Sat., Jun. 25 - **TACKAPAUSHA NATURE PRESERVE**. See listing for May 22. Possible change to Massapequa Greenbelt trail. Call for details. Judy, **718 482 9659**. No calls after 10 pm. Non-members \$3.

Sat., Jun. 25 - **ROCHELLE PARK, SADDLE BROOK, NJ**. 5-10 miles. Join us for a walk through Rochelle Park, a park for all seasons. Full of a variety of mature and younger shade trees and shrubbery, this delightful park is an old trolley bed (Saddle River Trail) and is bisected by a lake. There is a good chance of seeing some woodchucks, rabbits and a variety of shore birds. Rochelle Park connects to Grove Street Park which we may walk through as well, depending on the weather. Bring lunch and drinks. Optional stop in local diner afterward. Call for recorded message with further details beginning Wednesday eve the week of the walk. Calls will be returned only if we need to cancel. Meet at Port Authority (42nd St.) commuter statue (in NJ Transit ticket window area near the commuter statues), to take 164 bus. Fare: \$5.40 each way. Leader: Mike Puder, **718-743-0920** (until 10PM) or e-mail at nyhiker50@verizon.net. Non-members \$3.

Sun., Jun 26 - **SHUFFLEBOARD AT SOUTH BEACH 2-4 MILES** Try your hand at shuffleboard or bocce - we will bring the equipment. Walk the Staten Island boardwalk at a leisurely pace. See the fishing pier and Miller Field. Bring lunch and Take #1/R to Whitehall/South Ferry or the #4/5 to Bowling Green. Allow sufficient time to make the 10:30 ferry from Manhattan to Staten Island. Take the S51 bus to South Beach. Meet leader at the dolphin fountain in South Beach at 11:30. If you miss the first bus, walk towards the Verrazano Bridge and I will be at the bocce/shuffleboard courts. Rain cancels. Leader: Bettye Soffer MUST call 718-720-1593 Saturday between 7-9 PM to confirm and register. On day of hike, call 718-612-6284

Sun., Jun. 26 - **POPOLOPEN GORGE**. Starting from the Fort Montgomery Visitors Center we'll take the Popolopen Gorge Trail -- mostly pretty flat, but with a few short steep uphill (but no scrambling). Then over the new bridge to the 1779 Trail, and back to the Visitors Center, with an optional visit afterwards to the Bear Mountain Zoo. Around 5 miles at a moderate pace. Take the 9:50 train from GCT arriving in Garrison at 11. You can also connect to this train by taking the 9:40 local at the Marble Hill station (one block from the 225th St. stop on the #1 subway) and changing at Croton-Harmon. Please use the restrooms on the train and please sit in the first or second open car. Drivers from NYC: Saw Mill River Pkwy. to exit 26, Route 9A North to Route 9 North to Route 403 West to Garrison station. Park temporarily in the large commuter parking lot on the east side of the station. There will be an approximately 6-mile shuttle to Fort Montgomery. Sorry, but no children; no pets; no smoking. Out in time for the 5 pm train back to NYC from Garrison. Bob Susser, **212 666-4371**; or e-mail rsusser@aol.com. Non-members \$3.

Mon., Jun. 27 - **CROTON POINT PARK, Westchester Co**. 5 miles on moderate terrain. Hike around Croton Point Park. Scenic views of the Hudson River and surrounding areas. Bring lunch and water. Meet 9:30 am at Grand Central Terminal (42nd St.) near the information booth. Fares: Each way, approx. \$7.50/\$5.50 seniors. Leader: Ray Krant, **718-435-4994**. Call to confirm hike status. Non-members \$3.

Wed., Jun. 29 - **OLD WESTBURY GARDENS**. 6 miles, along city streets & country roads, mostly level, to a variety of gardens, paths through woods, past ponds and lawns. Bring lunch. Admission \$10/\$8 seniors. Meet 9:10 AM at LIRR ticket windows at PENN Station, to take 9:31 AM train to Westbury. Fare: approx. \$16.50 / \$11.50 seniors, round trip. You must call to confirm hike status. Leader: Pat O'Malley, **212-924-7486**. Non-members \$3.

..... CONTACT US

Please send your membership dues of \$10 for one year, or \$18 for two years to:
The Urban Trail Conference Inc., P. O. Box 325 JAF, New York, NY 10116-0325

Make check payable to The Urban Trail Conference Inc.

☎ 212-924-7486 (before 8 p.m.) ☎ ☒ Email: urbantrail2000@yahoo.com ☒ ☒ Web Site: www.urbantrail.org ☒

☞ Your membership expiration date can be found on the line above your name on the mailing label of this envelope. ☞

☞ Non-members pay one day dues \$3. Members do not pay fee. ☞